

NCE Ch 05

Theories

in Counseling

& Helping...

Author: Anh Dao

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4. Chapter: NCE Ch 05 Theories in Counseling & Helping...

1. NCE Ch 05 Theories in Counseling & Helping... Questions

4.1.1. Sigmund Freud is the father of psychoanalysis, which is both a form...

Author: Anh Dao

Sigmund Freud is the father of psychoanalysis, which is both a form of treatment and very comprehensive personality theory. According to Freud's theory inborn drives (mainly sexual) help form the personality. _____ and _____ who originally worked with Freud, created individual psychology and analytic psychology, respectively.

Please choose only one answer:

- Carl Jung; Alfred Adler
- Alfred Adler; Carl Jung
- Joseph Breuer; A.A. Brill
- Alfred Adler; Rollo May

Check the answer of this question online at QuizOver.com:

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4.1.2. Eric Berne's transactional analysis(TA) posits three ego states: th...

Author: Anh Dao

Eric Berne's transactional analysis(TA) posits three ego states: the Child, the Adult, and the Parent. These roughly correspond to Freud's structural theory that includes

Please choose only one answer:

- oral, anal, phallic
- unconscious, preconscious, and conscious
- a and b
- id, ego, and superego

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4.1.3. In transactional analysis, the _____ is the conscience, or e...

Author: Anh Dao

In transactional analysis, the _____ is the conscience, or ego state concerned with moral behavior, while in Freudian theory it is the _____.

Please choose only one answer:

- Adult; unconscious
- Parent; ego
- Parent; superego
- Parent; id

Check the answer of this question online at QuizOver.com:

Question: [In transactional analysis the is the conscience Anh Dao NCE-](#)

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4.1.4. Freud felt that successful resolution of the Oedipus complex led to...

Author: Anh Dao

Freud felt that successful resolution of the Oedipus complex led to the development of the superego. This is accomplished by

Please choose only one answer:

- identification with the aggressor, the parent of the same sex
- analysis during the childhood years
- identification with the parent of the opposite sex, the aggressor
- transference

Check the answer of this question online at QuizOver.com:

Question: [Freud felt that successful resolution of the Anh Dao NCE- Theories](#)

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4.1.5. Freudians refer to the ego as

Author: Anh Dao

Freudians refer to the ego as

Please choose only one answer:

- the executive administrator of the personality and the reality principle
- the guardian angel of the mind
- the pleasure principle
- the seat of libido

Check the answer of this question online at QuizOver.com:

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4.1.6. Frued's theory speaks of Eros Thantos. A client who threatens a sel...

Author: Anh Dao

Frued's theory speaks of Eros Thantos. A client who threatens a self- destructive act is being ruled primarily by

Please choose only one answer:

- Eros
- Eros and the id
- Thanatos
- both Eros and Thanatos

Check the answer of this question online at QuizOver.com:

Question: [Frued's theory speaks of Eros Thantos. A client Anh Dao NCE-](#)

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4.1.7. The id present at birth and never matures. It operates mainly out o...

Author: Anh Dao

The id present at birth and never matures. It operates mainly out of awareness to satisfy instinctual needs according to the

Please choose only one answer:

- reality principle
- notion of transference
- Eros Principle
- pleasure principle

Check the answer of this question online at QuizOver.com:

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4.1.8. If you think of the mind as a seesaw, then the fulcrum or balancing...

Author: Anh Dao

If you think of the mind as a seesaw, then the fulcrum or balancing apparatus would be the

Please choose only one answer:

- id, which has no concept of rationality or time
- ego
- superego, which judges behavior as right or wrong
- BASIC-ID

Check the answer of this question online at QuizOver.com:

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4.1.9. A therapist who says to a patient, " Say whatever comes to mind," i...

Author: Anh Dao

A therapist who says to a patient, " Say whatever comes to mind," is practicing

Please choose only one answer:

- directive counseling
- TA
- paraphrasing
- free association

Check the answer of this question online at QuizOver.com:

Question: [A therapist who says to a patient Say whatever Anh Dao NCE- Theories](#)

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4.1.10. A therapist who says to a patient, " Say whatever comes to mind," i...

Author: Anh Dao

A therapist who says to a patient, " Say whatever comes to mind," is practicing

Please choose only one answer:

- directive counseling
- TA
- paraphrasing
- free association

Check the answer of this question online at QuizOver.com:

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4.1.11. The superego contain the ego ideal. The superego strives for _____...

Author: Anh Dao

The superego contain the ego ideal. The superego strives for _____, rather than _____ like the id.

Please choose only one answer:

- perfection; pleasure
- pleasure; perfection
- morals; ethics
- logic; reality

Check the answer of this question online at [QuizOver.com](http://www.quizover.com):

Question: [The superego contain the ego ideal. The superego Anh Dao NCE- Quest](#)

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4.1.12. All of these theorists could be associated with the analytic moveme...

Author: Anh Dao

All of these theorists could be associated with the analytic movement except

Please choose only one answer:

- Freud
- Jung
- Adler
- Wolpe

Check the answer of this question online at QuizOver.com:

Question: [All of these theorists could be associated with Anh Dao NCE-](#)

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4.1.13. most scholars would asset that Freud's 1900 work entitled The Inter...

Author: Anh Dao

most scholars would asset that Freud's 1900 work entitled The Interpretation of Dreams was his most influential work. Dreams have

Please choose only one answer:

- manifest and latent content
- preconscious and unconscious factors
- id and ego
- superego and id

Check the answer of this question online at [QuizOver.com](http://www.quizover.com):

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4.1.14. When a client projects feelings toward the therapist that he or she...

Author: Anh Dao

When a client projects feelings toward the therapist that he or she originally had toward a significant other, it is called

Please choose only one answer:

- free association
- insight
- transference
- resistance

Check the answer of this question online at QuizOver.com:

Question: [When a client projects feelings toward the Anh Dao NCE- Theories](#)

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4.1.15. Which case is not associated with the psychodynamic movement?

Author: Anh Dao

Which case is not associated with the psychodynamic movement?

Please choose only one answer:

- Little Hans
- Little Albert
- Anna O.
- Schreber

Check the answer of this question online at QuizOver.com:

Question: [Which case is not associated with the psychodynamic Anh NCE-](#)

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4.1.16. In contrast with classical psychoanalysis, psychodynamic counseling...

Author: Anh Dao

In contrast with classical psychoanalysis, psychodynamic counseling or therapy

Please choose only one answer:

- utilizes fewer sessions per week
- does not utilize the couch
- is performed face to face
- all of the above

Check the answer of this question online at QuizOver.com:

Question: [In contrast with classical psychoanalysis Anh Dao NCE- Theories Quest](#)

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4.1.17. Talking about difficulties in order to purge emotions and feelings ...

Author: Anh Dao

Talking about difficulties in order to purge emotions and feelings is a curative process known as

Please choose only one answer:

- catharsis and/or abreaction
- resistance
- accurate empathy
- reflection of emotional content

Check the answer of this question online at QuizOver.com:

Question: [Talking about difficulties in order to purge Anh Dao NCE- Theories](#)

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4.1.18. Id, ego, superego is to structural theory as _____ is to t...

Author: Anh Dao

Id, ego, superego is to structural theory as _____ is to topographical theory

Please choose only one answer:

- Child, Adult, Parent
- abreaction, catharsis, introspection
- ego ideal
- unconscious, preconscious, conscious

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4.1.19. The most controversial aspect of Freud's theory is

Author: Anh Dao

The most controversial aspect of Freud's theory is

Please choose only one answer:

- catharsis
- the Oedipus complex
- the notion of the preconscious mind
- the interpretation of dreams

Check the answer of this question online at QuizOver.com:

Question: [The most controversial aspect of Freud's theory Anh Dao NCE-](#)

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4.1.20. Evidence for the unconscious mind comes from all of these except

Author: Anh Dao

Evidence for the unconscious mind comes from all of these except

Please choose only one answer:

- hypnosis
- slips of the tongue and humor
- dreams
- subjective units of distress scale

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Question: [Evidence for the unconscious mind comes from all Anh Dao NCE- Quest](#)

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4.1.21. In a counseling session, a counselor asked a patient to recall what...

Author: Anh Dao

In a counseling session, a counselor asked a patient to recall what transpired three months ago to trigger her depression. There was silence for about two and half minutes. The client then began to remember. This exchange most likely illustrates the function of the

Please choose only one answer:

- preconscious mind
- ego ideal
- conscious mind
- unconscious mind

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4.1.22. Most therapists agree that ego defense mechanisms deny or distort r...

Author: Anh Dao

Most therapists agree that ego defense mechanisms deny or distort reality. Rationalization, compensation, repression, projection, reaction, formation, identification, introjection, denial, and displacement are ego defense mechanisms. According to the Freudian, the most important defense mechanisms is

Please choose only one answer:

- repression
- reaction formation
- denial
- sublimation

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4.1.23. Suppression differs from repression in that

Author: Anh Dao

Suppression differs from repression in that

Please choose only one answer:

- suppression is stronger
- repression only occurs in children
- repression is automatic or involuntary
- all of the above

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4.1.24. An aggressive male who becomes a professional boxer because he is s...

Author: Anh Dao

An aggressive male who becomes a professional boxer because he is sadistic is displaying

Please choose only one answer:

- suppression
- rationalization
- sublimation
- displacement

Check the answer of this question online at QuizOver.com:

Question: [An aggressive male who becomes a professional Anh Dao NCE- Theories](#)

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4.1.25. An advertising psychologist secretly imbeds the word SEX into newsp...

Author: Anh Dao

An advertising psychologist secretly imbeds the word SEX into newspaper ads intended to advertise his center's chemical dependency program. This is the practice of

Please choose only one answer:

- sublimation
- repression
- introjection
- none of the above

Check the answer of this question online at QuizOver.com:

Question: [An advertising psychologist secretly imbeds the Anh Dao NCE-](#)

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4.1.26. A man receives a nickel an hour pay raise. He was expecting a one ...

Author: Anh Dao

A man receives a nickel an hour pay raise. He was expecting a one dollar per hour raise. He is furious but nonassertive. He thus smiles and thanks his boss. The night he yells at his wife for no apparent reason. This is an example of

Please choose only one answer:

- displacement
- denial
- identification
- A Type II error

Check the answer of this question online at QuizOver.com:

Question: [A man receives a nickel an hour pay raise. He Anh Dao NCE- Theories](#)

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4.1.27. A student tell a college counselor that he is not upset by a grade ...

Author: Anh Dao

A student tell a college counselor that he is not upset by a grade of "F" in physical education that marred his fourth year perfect 4.0 average, inasmuch as "straight A students are eggheads." This demonstrates

Please choose only one answer:

- introjection
- reaction formation
- sour grapes rationalization
- sweet lemon rationalization

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4.1.28. A master's level counselor lands an entry level counseling job in a...

Author: Anh Dao

A master's level counselor lands an entry level counseling job in an agency in a warm climate. Her office is not air conditioned, but the counselor insists she likes this because sweating really helps to keep her weight in check. This illuminates

Please choose only one answer:

- sour grapes rationalization
- sweet lemon rationalization
- repression
- sublimation

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4.1.29. A teenager who had his heart set on winning a tennis match broke h...

Author: Anh Dao

A teenager who had his heart set on winning a tennis match broke his arm in an auto accident. He send in an entry form to play in the competition which begins just days after the accident. His behavior is influenced by

Please choose only one answer:

- denial
- displacement of anger
- sublimation
- organ inferiority

Check the answer of this question online at [QuizOver.com](http://www.quizover.com):

Question: [A teenager who had his heart set on winning a Anh Dao NCE- Theories](#)

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4.1.30. _____ is like looking in a mirror but thinking you are looki...

Author: Anh Dao

_____ is like looking in a mirror but thinking you are looking out a window

Please choose only one answer:

- Repression
- Sour grapes rationalization
- Projection
- Denial

Check the answer of this question online at QuizOver.com:

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<http://www.quizover.com/flashcards/question-is-like-looking-in-a-mirror-but-thinking-you-are-anh-dao-nce-?pdf=1505>

Interactive Question:

<http://www.quizover.com/question/question-is-like-looking-in-a-mirror-but-thinking-you-are-anh-dao-nce-?pdf=1505>

4.1.31. Mark is obsessed with stamping out pornography. He is unconsciousl...

Author: Anh Dao

Mark is obsessed with stamping out pornography. He is unconsciously involved in this cause so that he can view the material. This is

Please choose only one answer:

- reaction formation
- introjection
- projection
- rationalization

Check the answer of this question online at QuizOver.com:

Question: [Mark is obsessed with stamping out pornography. Anh Dao NCE-](#)

Flashcards:

<http://www.quizover.com/flashcards/question-mark-is-obsessed-with-stamping-out-pornography-anh-dao-nce?pdf=1505>

Interactive Question:

<http://www.quizover.com/question/question-mark-is-obsessed-with-stamping-out-pornography-anh-dao-nce?pdf=1505>

4.1.32. Ted had always felt inferior intellectually. He currently works ou...

Author: Anh Dao

Ted had always felt inferior intellectually. He currently works out at the gym at least four hours daily and is taking massive doses of dangerous steroids to build his muscles. The ego defense mechanism in action here is

Please choose only one answer:

- reaction formation
- compensation
- projection
- rationalization

Check the answer of this question online at QuizOver.com:

Question: [Ted had always felt inferior intellectually. He Anh Dao NCE-](#)

Flashcards:

<http://www.quizover.com/flashcards/question-ted-had-always-felt-inferior-intellectually-he-anh-dao-nce?pdf=1505>

Interactive Question:

<http://www.quizover.com/question/question-ted-had-always-felt-inferior-intellectually-he-anh-dao-nce?pdf=1505>

4.1.33. Jane feels very inferior. She is now president of the board at a s...

Author: Anh Dao

Jane feels very inferior. She is now president of the board at a shelter for the homeless. She seems to be obsessed with her work for the agency and spends every spare minute trying to help the cause. When asked to introduce herself in virtually any social situation, Jane invariably responds with, " I'm the president of the board for the homeless shelter." Jane is engaging in

Please choose only one answer:

- projection
- displacement
- introjection
- identification

Check the answer of this question online at QuizOver.com:

Question: [Jane feels very inferior. She is now president Anh Dao NCE- Theories](#)

Flashcards:

<http://www.quizover.com/flashcards/question-jane-feels-very-inferior-she-is-now-president-anh-dao-nce-the?pdf=1505>

Interactive Question:

<http://www.quizover.com/question/question-jane-feels-very-inferior-she-is-now-president-anh-dao-nce-the?pdf=1505>

4.1.34. A client who has incorporated his father's values into his though p...

Author: Anh Dao

A client who has incorporated his father's values into his though patterns is a product of

Please choose only one answer:

- introjection
- repression
- rationalization
- displacement

Check the answer of this question online at QuizOver.com:

Question: [A client who has incorporated his father's values Anh NCE- Theories](#)

Flashcards:

<http://www.quizover.com/flashcards/question-a-client-who-has-incorporated-his-father-s-values-anh-nce-the?pdf=1505>

Interactive Question:

<http://www.quizover.com/question/question-a-client-who-has-incorporated-his-father-s-values-anh-nce-the?pdf=1505>

4.1.35. The client's tendency to inhibit or fight against the therapeutic p...

Author: Anh Dao

The client's tendency to inhibit or fight against the therapeutic process is known as

Please choose only one answer:

- resistance
- sublimation
- projection
- individuation

Check the answer of this question online at QuizOver.com:

Question: [The client's tendency to inhibit or fight against Anh NCE- Theories](#)

Flashcards:

<http://www.quizover.com/flashcards/question-the-client-s-tendency-to-inhibit-or-fight-against-anh-nce-the?pdf=1505>

Interactive Question:

<http://www.quizover.com/question/question-the-client-s-tendency-to-inhibit-or-fight-against-anh-nce-the?pdf=1505>

4.1.36. Freud has been called the most significant theorist in the entire h...

Author: Anh Dao

Freud has been called the most significant theorist in the entire history of psychology. His greatest contribution was his conceptualization of the unconscious mind. Critics, however, contend that

Please choose only one answer:

- he was too concerned with the totem and the taboo
- he failed to emphasize sex
- many aspects of his theory are difficult to test from scientific standpoint
- he was pro female

Check the answer of this question online at QuizOver.com:

Question: [Freud has been called the most significant theorist Anh NCE-](#)

Flashcards:

<http://www.quizover.com/flashcards/question-freud-has-been-called-the-most-significant-theorist-anh-nce?pdf=1505>

Interactive Question:

<http://www.quizover.com/question/question-freud-has-been-called-the-most-significant-theorist-anh-nce?pdf=1505>

4.1.37. The purpose of interpretation in counseling is to

Author: Anh Dao

The purpose of interpretation in counseling is to

Please choose only one answer:

- help the therapist appear genuine
- make the clients aware of their unconscious processes
- make clients aware of nonverbal behaviors
- help clients understand feelings and behaviors related to childhood

Check the answer of this question online at QuizOver.com:

Question: [The purpose of interpretation in counseling is Anh Dao NCE- Theories](#)

Flashcards:

<http://www.quizover.com/flashcards/question-the-purpose-of-interpretation-in-counseling-is-anh-dao-nce-th?pdf=1505>

Interactive Question:

<http://www.quizover.com/question/question-the-purpose-of-interpretation-in-counseling-is-anh-dao-nce-th?pdf=1505>

4.1.38. Organ inferiority relates mainly to the work of

Author: Anh Dao

Organ inferiority relates mainly to the work of

Please choose only one answer:

- C. G. Jung's analytical psychology
- Alfred Adler's individual psychology
- Sigmund Freud's psychoanalytic theory
- Josef Breuer's work on hysteria

Check the answer of this question online at QuizOver.com:

Question: [Organ inferiority relates mainly to the work Anh Dao NCE- Theories](#)

Flashcards:

<http://www.quizover.com/flashcards/question-organ-inferiority-relates-mainly-to-the-work-anh-dao-nce-theo?pdf=1505>

Interactive Question:

<http://www.quizover.com/question/question-organ-inferiority-relates-mainly-to-the-work-anh-dao-nce-theo?pdf=1505>

4.1.39. When a client becomes aware of a factor in his or her life that was...

Author: Anh Dao

When a client becomes aware of a factor in his or her life that was heretofore unknown, counselors refer to it as

Please choose only one answer:

- individual psychology
- confrontation
- transference neurosis
- insight

Check the answer of this question online at QuizOver.com:

Question: [When a client becomes aware of a factor in his Anh Dao NCE- Theories](#)

Flashcards:

<http://www.quizover.com/flashcards/question-when-a-client-becomes-aware-of-a-factor-in-his-anh-dao-nce-th?pdf=1505>

Interactive Question:

<http://www.quizover.com/question/question-when-a-client-becomes-aware-of-a-factor-in-his-anh-dao-nce-th?pdf=1505>

4.1.40. C. G. Jung, the founder of analytic psychology, said men operate on...

Author: Anh Dao

C. G. Jung, the founder of analytic psychology, said men operate on logic or the _____ principle, while women are intuitive, operating on the _____ principle.

Please choose only one answer:

- Eros; Thanatos
- Logos; Eros
- reality;pleasure
- transference; countertransference

Check the answer of this question online at QuizOver.com:

Question: [C. G. Jung the founder of analytic psychology Anh Dao NCE- Theories](#)

Flashcards:

<http://www.quizover.com/flashcards/question-c-g-jung-the-founder-of-analytic-psychology-anh-dao-nce-theor?pdf=1505>

Interactive Question:

<http://www.quizover.com/question/question-c-g-jung-the-founder-of-analytic-psychology-anh-dao-nce-theor?pdf=1505>

4.1.41. Jung used drawings balanced around a center point to analyze himsel...

Author: Anh Dao

Jung used drawings balanced around a center point to analyze himself, his clients, and dreams. He called them

Please choose only one answer:

- mandalas
- projective drawings
- unconscious automatic writing
- eidetic imagery

Check the answer of this question online at QuizOver.com:

Question: [Jung used drawings balanced around a center point Anh NCE- Theories](#)

Flashcards:

<http://www.quizover.com/flashcards/question-jung-used-drawings-balanced-around-a-center-point-anh-nce-the?pdf=1505>

Interactive Question:

<http://www.quizover.com/question/question-jung-used-drawings-balanced-around-a-center-point-anh-nce-the?pdf=1505>

4.1.42. _____ emphasized the drive for superiority

Author: Anh Dao

_____ emphasized the drive for superiority

Please choose only one answer:

- Jung
- Adler
- Construtivist therapist
- Freud and Jung

Check the answer of this question online at QuizOver.com:

Question: [emphasized the drive for superiority Anh Dao NCE- Theories in Quest](#)

Flashcards:

<http://www.quizover.com/flashcards/question-emphasized-the-drive-for-superiority-anh-dao-nce-theories-in-?pdf=1505>

Interactive Question:

<http://www.quizover.com/question/question-emphasized-the-drive-for-superiority-anh-dao-nce-theories-in-?pdf=1505>

4.1.43. The statement, "Siblings interaction may have more impact than pare..."

Author: Anh Dao

The statement, "Siblings interaction may have more impact than parent/child interaction" describes

Please choose only one answer:

- Sigmund Freud's theory
- Alfred Adler's theory
- insight
- Carl Jung's theory

Check the answer of this question online at QuizOver.com:

Question: [The statement Siblings interaction may have more Anh Dao NCE- Quest](#)

Flashcards:

<http://www.quizover.com/flashcards/question-the-statement-siblings-interaction-may-have-more-anh-dao-nce-?pdf=1505>

Interactive Question:

<http://www.quizover.com/question/question-the-statement-siblings-interaction-may-have-more-anh-dao-nce-?pdf=1505>

4.1.44. In contrast with Freud, the neo-Freudians emphasized

Author: Anh Dao

In contrast with Freud, the neo-Freudians emphasized

Please choose only one answer:

- baseline measures
- social factors
- unconditional positive regard
- insight

Check the answer of this question online at QuizOver.com:

Question: [In contrast with Freud the neo-Freudians emphasized Anh NCE-](#)

Flashcards:

<http://www.quizover.com/flashcards/question-in-contrast-with-freud-the-neo-freudians-emphasized-anh-nce?pdf=1505>

Interactive Question:

<http://www.quizover.com/question/question-in-contrast-with-freud-the-neo-freudians-emphasized-anh-nce?pdf=1505>

4.1.45. The term introversion and extroversion are associated with

Author: Anh Dao

The term introversion and extroversion are associated with

Please choose only one answer:

- psychoanalysts
- Freud
- Adler
- Jung

Check the answer of this question online at QuizOver.com:

Question: [The term introversion and extroversion are Anh Dao NCE- Theories](#)

Flashcards:

<http://www.quizover.com/flashcards/question-the-term-introversion-and-extroversion-are-anh-dao-nce-theori?pdf=1505>

Interactive Question:

<http://www.quizover.com/question/question-the-term-introversion-and-extroversion-are-anh-dao-nce-theori?pdf=1505>

4.1.46. The personality types of Myers-Briggs Type Indicator (MBTI) are ass...

Author: Anh Dao

The personality types of Myers-Briggs Type Indicator (MBTI) are associated with the work of

Please choose only one answer:

- Psychoanalysis
- Freud
- Adler
- Jung

Check the answer of this question online at QuizOver.com:

Question: [The personality types of Myers-Briggs Type Anh Dao NCE- Theories](#)

Flashcards:

<http://www.quizover.com/flashcards/question-the-personality-types-of-myers-briggs-type-anh-dao-nce-theori?pdf=1505>

Interactive Question:

<http://www.quizover.com/question/question-the-personality-types-of-myers-briggs-type-anh-dao-nce-theori?pdf=1505>

4.1.47. One of Adler's students, Rudolph Dreikurs

Author: Anh Dao

One of Adler's students, Rudolph Dreikurs

Please choose only one answer:

- created the TAT
- was the first to discuss the use of group therapy in private practice
- was a noted Freud hater
- created the hierarchy of needs

Check the answer of this question online at QuizOver.com:

Question: [One of Adler's students Rudolph Dreikurs Anh Dao NCE- Theories in](#)

Flashcards:

<http://www.quizover.com/flashcards/question-one-of-adler-s-students-rudolph-dreikurs-anh-dao-nce-theories?pdf=1505>

Interactive Question:

<http://www.quizover.com/question/question-one-of-adler-s-students-rudolph-dreikurs-anh-dao-nce-theories?pdf=1505>

4.1.48. Adler emphasized that people wish to belong. This is known as

Author: Anh Dao

Adler emphasized that people wish to belong. This is known as

Please choose only one answer:

- superiority
- social connectedness
- the collective unconscious
- animus

Check the answer of this question online at QuizOver.com:

Question: [Adler emphasized that people wish to belong. This Anh NCE- Theories](#)

Flashcards:

<http://www.quizover.com/flashcards/question-adler-emphasized-that-people-wish-to-belong-this-anh-nce-theo?pdf=1505>

Interactive Question:

<http://www.quizover.com/question/question-adler-emphasized-that-people-wish-to-belong-this-anh-nce-theo?pdf=1505>

4.1.49. Adler was one of the first therapists who relied on paradox. Using...

Author: Anh Dao

Adler was one of the first therapists who relied on paradox. Using this strategy, a client (who was a student in a counselor preparation program) who was afraid to give a presentation in front of his counseling class for fear he might shake and embarrass himself would be instructed to

Please choose only one answer:

- exaggerate the behavior and really do a thorough job shaking in front of the class
- practice relaxation techniques for 10 to 20 minutes before the speech
- practice rational self-talk
- practice rational thinking

Check the answer of this question online at QuizOver.com:

Question: [Adler was one of the first therapists who relied Anh Dao NCE- Quest](#)

Flashcards:

<http://www.quizover.com/flashcards/question-adler-was-one-of-the-first-therapists-who-relied-anh-dao-nce-?pdf=1505>

Interactive Question:

<http://www.quizover.com/question/question-adler-was-one-of-the-first-therapists-who-relied-anh-dao-nce-?pdf=1505>

4.1.50. Jung felt that society caused men to deny their feminine side know ...

Author: Anh Dao

Jung felt that society caused men to deny their feminine side know as _____ and women to deny their masculine side known as _____.

Please choose only one answer:

- Eros; Thanatos
- animus; anima
- anima; animus
- yin; yang

Check the answer of this question online at QuizOver.com:

Question: [Jung felt that society caused men to deny their Anh Dao NCE-](#)

Flashcards:

<http://www.quizover.com/flashcards/question-jung-felt-that-society-caused-men-to-deny-their-anh-dao-nce?pdf=1505>

Interactive Question:

<http://www.quizover.com/question/question-jung-felt-that-society-caused-men-to-deny-their-anh-dao-nce?pdf=1505>

4.1.51. Jung spoke of a collective unconscious common to all men and women....

Author: Anh Dao

Jung spoke of a collective unconscious common to all men and women. The material that makes up the collective unconscious, which is passed from generation to generation, is known as

Please choose only one answer:

- a hierarchy of needs
- instinctual
- paradox
- archetypes

Check the answer of this question online at QuizOver.com:

Question: [Jung spoke of a collective unconscious common to Anh Dao NCE- Quest](#)

Flashcards:

<http://www.quizover.com/flashcards/question-jung-spoke-of-a-collective-unconscious-common-to-anh-dao-nce-?pdf=1505>

Interactive Question:

<http://www.quizover.com/question/question-jung-spoke-of-a-collective-unconscious-common-to-anh-dao-nce-?pdf=1505>

4.1.52. Common archetypes include

Author: Anh Dao

Common archetypes include

Please choose only one answer:

- the persona- the mask or role we present to others our true self
- animus, anima, self.
- shadow-the make behind the persona, which contains id-like materials denied,, yet desired
- all of the above

Check the answer of this question online at QuizOver.com:

Question: [Common archetypes include Anh Dao NCE- Theories in Counseling Quest](#)

Flashcards:

<http://www.quizover.com/flashcards/question-common-archetypes-include-anh-dao-nce-theories-in-counseling-?pdf=1505>

Interactive Question:

<http://www.quizover.com/question/question-common-archetypes-include-anh-dao-nce-theories-in-counseling-?pdf=1505>

4.1.53. A client is demonstrating inconsistent behavior. She is smiling but...

Author: Anh Dao

A client is demonstrating inconsistent behavior. She is smiling but says that she is very sad about what she did. When her counselor points out to her, the counselor's verbal response is known as

Please choose only one answer:

- active listening
- confrontation
- accurate sympathy
- summarization

Check the answer of this question online at [QuizOver.com](http://www.quizover.com):

Question: [A client is demonstrating inconsistent behavior Anh Dao NCE-](#)

Flashcards:

<http://www.quizover.com/flashcards/question-a-client-is-demonstrating-inconsistent-behavior-anh-dao-nce?pdf=1505>

Interactive Question:

<http://www.quizover.com/question/question-a-client-is-demonstrating-inconsistent-behavior-anh-dao-nce?pdf=1505>

4.1.54. During professional staff meeting, a counselor says he is worried ...

Author: Anh Dao

During professional staff meeting, a counselor says he is worried that if techniques are implemented to stop a 6 year old boy from sucking his thumb, then he will begin biting his nails or stuttering. The counselor

Please choose only one answer:

- is using the logic set forth in gestalt therapy
- is using Donald Meichbaum's cognitive behavior modification
- is most likely a behaviorist concerned with symptoms substitution
- is most likely an analytically trained counselor concerned with symptom substitution

Check the answer of this question online at QuizOver.com:

Question: [During professional staff meeting a counselor Anh Dao NCE- Theories](#)

Flashcards:

<http://www.quizover.com/flashcards/question-during-professional-staff-meeting-a-counselor-anh-dao-nce-the?pdf=1505>

Interactive Question:

<http://www.quizover.com/question/question-during-professional-staff-meeting-a-counselor-anh-dao-nce-the?pdf=1505>

4.1.55. A eclectic counselor

Author: Anh Dao

A eclectic counselor

Please choose only one answer:

- is analytic
- is behavioristic
- attempts to choose the best theoretical approach based on the client's attributes, resources, and situation
- insists on including all family members in the treatment

Check the answer of this question online at QuizOver.com:

Question: [A eclectic counselor Anh Dao NCE- Theories in Counseling Helping](#)

Flashcards:

<http://www.quizover.com/flashcards/question-a-eclectic-counselor-anh-dao-nce-theories-in-counseling-helpi?pdf=1505>

Interactive Question:

<http://www.quizover.com/question/question-a-eclectic-counselor-anh-dao-nce-theories-in-counseling-helpi?pdf=1505>

4.1.56. The word Eclectic is most closely associated with

Author: Anh Dao

The word Eclectic is most closely associated with

Please choose only one answer:

- Frederick C. Thorne
- Freud
- Piaget
- Skinner

Check the answer of this question online at QuizOver.com:

Question: [The word Eclectic is most closely associated Anh Dao NCE- Theories](#)

Flashcards:

<http://www.quizover.com/flashcards/question-the-word-electic-is-most-closely-associated-anh-dao-nce-theor?pdf=1505>

Interactive Question:

<http://www.quizover.com/question/question-the-word-electic-is-most-closely-associated-anh-dao-nce-theor?pdf=1505>

4.1.57. A counselor who is obsessed with the fact that a client missed his ...

Author: Anh Dao

A counselor who is obsessed with the fact that a client missed his or her session is the victim of

Please choose only one answer:

- cognitive dissonance
- transference
- countertransference
- positive transference

Check the answer of this question online at QuizOver.com:

Question: [A counselor who is obsessed with the fact that Anh Dao NCE- Theories](#)

Flashcards:

<http://www.quizover.com/flashcards/question-a-counselor-who-is-obsessed-with-the-fact-that-anh-dao-nce-th?pdf=1505>

Interactive Question:

<http://www.quizover.com/question/question-a-counselor-who-is-obsessed-with-the-fact-that-anh-dao-nce-th?pdf=1505>

4.1.58. Lifestyle, birth order, and family constellation are emphasized by

Author: Anh Dao

Lifestyle, birth order, and family constellation are emphasized by

Please choose only one answer:

- Freud
- Jung
- Adler
- Thorne and Lazarus

Check the answer of this question online at QuizOver.com:

Question: [Lifestyle birth order and family constellation Anh Dao NCE- Theories](#)

Flashcards:

<http://www.quizover.com/flashcards/question-lifestyle-birth-order-and-family-constellation-anh-dao-nce-th?pdf=1505>

Interactive Question:

<http://www.quizover.com/question/question-lifestyle-birth-order-and-family-constellation-anh-dao-nce-th?pdf=1505>

4.1.59. A counselor who remarks that firstborn children are usually conser...

Author: Anh Dao

A counselor who remarks that firstborn children are usually conservative but display leadership qualities is most likely

Please choose only one answer:

- A Freudian who believes in the unconscious mind
- an Alderian that believes behavior must be studied in a social context, never in isolation
- Rogerian who stresses the importance of the therapeutic relationship
- a behavior modifier using a behavioral contract

Check the answer of this question online at QuizOver.com:

Question: [A counselor who remarks that firstborn children Anh Dao NCE-](#)

Flashcards:

<http://www.quizover.com/flashcards/question-a-counselor-who-remarks-that-firstborn-children-anh-dao-nce?pdf=1505>

Interactive Question:

<http://www.quizover.com/question/question-a-counselor-who-remarks-that-firstborn-children-anh-dao-nce?pdf=1505>

4.1.60. Existentialism is to logotherapy as _____ is to behaviorism

Author: Anh Dao

Existentialism is to logotherapy as _____ is to behaviorism

Please choose only one answer:

- operants
- associationism
- Skinner
- Socrates

Check the answer of this question online at QuizOver.com:

Question: [Existentialism is to logotherapy as is to Anh Dao NCE- Theories](#)

Flashcards:

<http://www.quizover.com/flashcards/question-existentialism-is-to-logotherapy-as-is-to-anh-dao-nce-theorie?pdf=1505>

Interactive Question:

<http://www.quizover.com/question/question-existentialism-is-to-logotherapy-as-is-to-anh-dao-nce-theorie?pdf=1505>

4.1.61. B.F. Skinner's reinforcement theory elaborated on

Author: Anh Dao

B.F. Skinner's reinforcement theory elaborated on

Please choose only one answer:

- Edward Thorndike's law of effect
- Adler's concept of lifestyle
- Arnold Lazarus's concept of the BASIC ID used in the multimodal therapeutic approach that is eclectic and holistic
- symptom substitution

Check the answer of this question online at QuizOver.com:

Question: [B.F. Skinner's reinforcement theory elaborated Anh Dao NCE- Theories](#)

Flashcards:

<http://www.quizover.com/flashcards/question-b-f-skinner-s-reinforcement-theory-elaborated-anh-dao-nce-the?pdf=1505>

Interactive Question:

<http://www.quizover.com/question/question-b-f-skinner-s-reinforcement-theory-elaborated-anh-dao-nce-the?pdf=1505>

4.1.62. Classical conditioning relates to the work of

Author: Anh Dao

Classical conditioning relates to the work of

Please choose only one answer:

- E. G. Williamson
- B.F. Skinner
- Frankl
- Ivan Pavlov

Check the answer of this question online at QuizOver.com:

Question: [Classical conditioning relates to the work Anh Dao NCE- Theories](#)

Flashcards:

<http://www.quizover.com/flashcards/question-classical-conditioning-relates-to-the-work-anh-dao-nce-theori?pdf=1505>

Interactive Question:

<http://www.quizover.com/question/question-classical-conditioning-relates-to-the-work-anh-dao-nce-theori?pdf=1505>

4.1.63. An association that naturally exists, such as an animal salivating...

Author: Anh Dao

An association that naturally exists, such as an animal salivating when food is presented, is called

Please choose only one answer:

- an operant
- conditioned
- unconditioned
- acquisition period

Check the answer of this question online at QuizOver.com:

Question: [An association that naturally exists such as an Anh Dao NCE-](#)

Flashcards:

<http://www.quizover.com/flashcards/question-an-association-that-naturally-exists-such-as-an-anh-dao-nce?pdf=1505>

Interactive Question:

<http://www.quizover.com/question/question-an-association-that-naturally-exists-such-as-an-anh-dao-nce?pdf=1505>

4.1.64. Skinner's operant conditioning is also referred to as

Author: Anh Dao

Skinner's operant conditioning is also referred to as

Please choose only one answer:

- instrumental learning
- classical conditioning
- cognitive learning
- learning via insight

Check the answer of this question online at QuizOver.com:

Question: [Skinner's operant conditioning is also referred Anh Dao NCE-](#)

Flashcards:

<http://www.quizover.com/flashcards/question-skinner-s-operant-conditioning-is-also-referred-anh-dao-nce?pdf=1505>

Interactive Question:

<http://www.quizover.com/question/question-skinner-s-operant-conditioning-is-also-referred-anh-dao-nce?pdf=1505>

4.1.65. Respondent behavior refers to

Author: Anh Dao

Respondent behavior refers to

Please choose only one answer:

- reflexes
- operants
- a type of phobia
- punishment

Check the answer of this question online at QuizOver.com:

Question: [Respondent behavior refers to Anh Dao NCE- Theories in Counseling](#)

Flashcards:

<http://www.quizover.com/flashcards/question-respondent-behavior-refers-to-anh-dao-nce-theories-in-counsel?pdf=1505>

Interactive Question:

<http://www.quizover.com/question/question-respondent-behavior-refers-to-anh-dao-nce-theories-in-counsel?pdf=1505>

4.1.66. All reinforcers

Author: Anh Dao

All reinforcers

Please choose only one answer:

- are plastic tokens
- tend to increase the probability that a behavior will occur
- are secondary
- do not raise behavior since negative reinforcement lowers behavior.

Check the answer of this question online at QuizOver.com:

Question: [All reinforcers Anh Dao NCE- Theories in Counseling Helping Quest](#)

Flashcards:

<http://www.quizover.com/flashcards/question-all-reinforcers-anh-dao-nce-theories-in-counseling-helping-qu?pdf=1505>

Interactive Question:

<http://www.quizover.com/question/question-all-reinforcers-anh-dao-nce-theories-in-counseling-helping-qu?pdf=1505>

4.1.67. Negative reinforcement requires the withdrawal of an aversive (nega...

Author: Anh Dao

Negative reinforcement requires the withdrawal of an aversive (negative) stimulus to increase the likelihood that a behavior will occur. Negative reinforcement is not used as often as positive reinforcement and

Please choose only one answer:

- is really the same as punishment
- effectively lowers the frequency of behavior in young children
- is not the same thing as punishment
- is a psychodynamic conceptualization

Check the answer of this question online at QuizOver.com:

Question: [Negative reinforcement requires the withdrawal Anh Dao NCE- Theories](#)

Flashcards:

<http://www.quizover.com/flashcards/question-negative-reinforcement-requires-the-withdrawal-anh-dao-nce-th?pdf=1505>

Interactive Question:

<http://www.quizover.com/question/question-negative-reinforcement-requires-the-withdrawal-anh-dao-nce-th?pdf=1505>

4.1.68. Punishment

Author: Anh Dao

Punishment

Please choose only one answer:

- is the same as negative reinforcement
- is much more effective than reinforcement
- decreases the probability that a behavior will occur
- is used extensively in reality therapy

Check the answer of this question online at QuizOver.com:

Question: [Punishment Anh Dao NCE- Theories in Counseling Helping Relationship](#)

Flashcards:

<http://www.quizover.com/flashcards/question-punishment-anh-dao-nce-theories-in-counseling-helping-relatio?pdf=1505>

Interactive Question:

<http://www.quizover.com/question/question-punishment-anh-dao-nce-theories-in-counseling-helping-relatio?pdf=1505>

4.1.69. In Pavlov's famous experiment using dogs, the bell was the _____...

Author: Anh Dao

In Pavlov's famous experiment using dogs, the bell was the _____, and the meas was the_____.

Please choose only one answer:

- CS; UCS
- UCS; CS
- CR;UCS
- UCS: CR

Check the answer of this question online at QuizOver.com:

Question: [In Pavlov's famous experiment using dogs the bell Anh NCE- Theories](#)

Flashcards:

<http://www.quizover.com/flashcards/question-in-pavlov-s-famous-experiment-using-dogs-the-bell-anh-nce-the?pdf=1505>

Interactive Question:

<http://www.quizover.com/question/question-in-pavlov-s-famous-experiment-using-dogs-the-bell-anh-nce-the?pdf=1505>

4.1.70. The most effective time interval (temporal relation) between the CS...

Author: Anh Dao

The most effective time interval (temporal relation) between the CS and the US

Please choose only one answer:

- is irrelevant--it does not influence the learning process
- is 5 seconds
- is the .05 level according to social scientists
- is .5 of 1/2 of a second

Check the answer of this question online at QuizOver.com:

Question: [The most effective time interval temporal relation Anh NCE- Theories](#)

Flashcards:

<http://www.quizover.com/flashcards/question-the-most-effective-time-interval-temporal-relation-anh-nce-th?pdf=1505>

Interactive Question:

<http://www.quizover.com/question/question-the-most-effective-time-interval-temporal-relation-anh-nce-th?pdf=1505>

4.1.71. Many researchers have tried pulling the UCS (i.e. the meat) before ...

Author: Anh Dao

Many researchers have tried pulling the UCS (i.e. the meat) before the CS (i.e. the bell). This usually results in

Please choose only one answer:

- increased learning
- anger on the part of the dog
- experimental neurosis
- no conditioning

Check the answer of this question online at QuizOver.com:

Question: [Many researchers have tried pulling the UCS i.e Anh Dao NCE-](#)

Flashcards:

<http://www.quizover.com/flashcards/question-many-researchers-have-tried-pulling-the-ucs-i-e-anh-dao-nce?pdf=1505>

Interactive Question:

<http://www.quizover.com/question/question-many-researchers-have-tried-pulling-the-ucs-i-e-anh-dao-nce?pdf=1505>

4.1.72. Several graduate students in counseling trained a poodle to salivat...

Author: Anh Dao

Several graduate students in counseling trained a poodle to salivate using Pavlov's classical conditioning paradigm. One day the department chairman was driving across campus and honked his horn. Much to the chagrin of the students, the poodle elicited a salivation response. What had happened?

Please choose only one answer:

- experimental neurosis had obviously set in
- extinction
- stimulus generalization or what Pavlov termed irradiation
- stimulus discrimination

Check the answer of this question online at QuizOver.com:

Question: [Several graduate students in counseling trained Anh Dao NCE-](#)

Flashcards:

<http://www.quizover.com/flashcards/question-several-graduate-students-in-counseling-trained-anh-dao-nce?pdf=1505>

Interactive Question:

<http://www.quizover.com/question/question-several-graduate-students-in-counseling-trained-anh-dao-nce?pdf=1505>

4.1.73. The department chairman found the poodle's response (see question 2...

Author: Anh Dao

The department chairman found the poodle's response (see question 272) on his horn humorous. He thus instructed the graduate students to train the dog to salivate only to his car horn and not the original bell. Indeed the graduate students were able to perform this task. The poodle was now demonstrating

Please choose only one answer:

- experimental neurosis
- irradiation
- pica
- stimulus discrimination

Check the answer of this question online at QuizOver.com:

Question: [The department chairman found the poodle's response Anh NCE-](#)

Flashcards:

<http://www.quizover.com/flashcards/question-the-department-chairman-found-the-poodle-s-response-anh-nce?pdf=1505>

Interactive Question:

<http://www.quizover.com/question/question-the-department-chairman-found-the-poodle-s-response-anh-nce?pdf=1505>

4.1.74. The department chair was further amused by the poodle's tendency to...

Author: Anh Dao

The department chair was further amused by the poodle's tendency to be able to discriminate one CS from another (see question 273). He thus told the students to teach the dog to salivate only to the horn on his Ford but not one on a graduate student's Chevrolet truck. In reality, the horns on the two vehicles sounded identical. The training was seemingly unsuccessful inasmuch as the dog merely took to very loud barking. In this case

Please choose only one answer:

- experimental neurosis set in
- irradiation became a reality
- borderline personality traits no doubt played a role
- a covert process confounded the experiment

Check the answer of this question online at QuizOver.com:

Question: [The department chair was further amused by the Anh Dao NCE- Theories](#)

Flashcards:

<http://www.quizover.com/flashcards/question-the-department-chair-was-further-amused-by-the-anh-dao-nce-th?pdf=1505>

Interactive Question:

<http://www.quizover.com/question/question-the-department-chair-was-further-amused-by-the-anh-dao-nce-th?pdf=1505>

4.1.75. In one experiment, a dog was conditioned to salivate to a bell pair...

Author: Anh Dao

In one experiment, a dog was conditioned to salivate to a bell paired with a fast-food cheeseburger. The researcher then kept ringing the bell without giving the dog the cheeseburger. This is known as

Please choose only one answer:

- instrumental learning via shaping
- positive reinforcement
- extinction, and the salivation will disappear
- negative reinforcement

Check the answer of this question online at QuizOver.com:

Question: [In one experiment a dog was conditioned to salivate Anh NCE-](#)

Flashcards:

<http://www.quizover.com/flashcards/question-in-one-experiment-a-dog-was-conditioned-to-salivate-anh-nce?pdf=1505>

Interactive Question:

<http://www.quizover.com/question/question-in-one-experiment-a-dog-was-conditioned-to-salivate-anh-nce?pdf=1505>

4.1.76. John B Watson's name is associated with

Author: Anh Dao

John B Watson's name is associated with

Please choose only one answer:

- Little Hans
- Anna O.
- Little Albert
- b and c

Check the answer of this question online at QuizOver.com:

Question: [John B Watson's name is associated Anh Dao NCE- Theories in](#)

Flashcards:

<http://www.quizover.com/flashcards/question-john-b-watson-s-name-is-associated-anh-dao-nce-theories-in?pdf=1505>

Interactive Question:

<http://www.quizover.com/question/question-john-b-watson-s-name-is-associated-anh-dao-nce-theories-in?pdf=1505>

4.1.77. During a family counseling session, a 6-year old girl repeatedly s...

Author: Anh Dao

During a family counseling session, a 6-year old girl repeatedly sticks her tongue out at the counselor who is obviously ignoring the behavior. The counselor is practicing

Please choose only one answer:

- negative reinforcement
- chaining
- reciprocal inhibition
- extinction

Check the answer of this question online at QuizOver.com:

Question: [During a family counseling session a 6-year old Anh Dao NCE-](#)

Flashcards:

<http://www.quizover.com/flashcards/question-during-a-family-counseling-session-a-6-year-old-anh-dao-nce?pdf=1505>

Interactive Question:

<http://www.quizover.com/question/question-during-a-family-counseling-session-a-6-year-old-anh-dao-nce?pdf=1505>

4.1.78. In general, behavior modification strategies are based heavily on ...

Author: Anh Dao

In general, behavior modification strategies are based heavily on _____, while behavior therapy emphasizes _____.

Please choose only one answer:

- instrumental conditioning, classical conditioning
- Pavlovian principles; Skinnerian principles
- Skinnerian principles; Pavlovian principals
- a and c

Check the answer of this question online at QuizOver.com:

Question: [In general behavior modification strategies are Anh Dao NCE-](#)

Flashcards:

<http://www.quizover.com/flashcards/question-in-general-behavior-modification-strategies-are-anh-dao-nce?pdf=1505>

Interactive Question:

<http://www.quizover.com/question/question-in-general-behavior-modification-strategies-are-anh-dao-nce?pdf=1505>

4.1.79. A behavioristic counselor decides upon aversive conditioning as the...

Author: Anh Dao

A behavioristic counselor decides upon aversive conditioning as the treatment of choice for a gentleman who wishes to give up smoking. The counselor begins by taking a baseline. This is accomplished

Please choose only one answer:

- using hypnosis
- by charting the occurrence of the behavior prior to any therapeutic intervention
- using biofeedback device
- counterconditioning

Check the answer of this question online at QuizOver.com:

Question: [A behavioristic counselor decides upon aversive Anh Dao NCE-](#)

Flashcards:

<http://www.quizover.com/flashcards/question-a-behavioristic-counselor-decides-upon-aversive-anh-dao-nce?pdf=1505>

Interactive Question:

<http://www.quizover.com/question/question-a-behavioristic-counselor-decides-upon-aversive-anh-dao-nce?pdf=1505>

4.1.80. The first studies, which demonstrated that animals could indeed be ...

Author: Anh Dao

The first studies, which demonstrated that animals could indeed be conditioned to control autonomic processes, were conducted by

Please choose only one answer:

- E. Thorndike
- Joseph Wolpe
- Neal Miller
- Ivan Pavlov

Check the answer of this question online at QuizOver.com:

Question: [The first studies which demonstrated that animals Anh NCE- Theories](#)

Flashcards:

<http://www.quizover.com/flashcards/question-the-first-studies-which-demonstrated-that-animals-anh-nce-the?pdf=1505>

Interactive Question:

<http://www.quizover.com/question/question-the-first-studies-which-demonstrated-that-animals-anh-nce-the?pdf=1505>

4.1.81. The significance of the Little Albert experiment by John B. Watson ...

Author: Anh Dao

The significance of the Little Albert experiment by John B. Watson and Rosalie Ryaner was that

Please choose only one answer:

- A phobia could be learned behavior
- it provided concrete proof that Skinner's model was correct
- it provided concrete proof that Pavlov's model was correct
- none of the above

Check the answer of this question online at QuizOver.com:

Question: [The significance of the Little Albert experiment Anh Dao NCE- Quest](#)

Flashcards:

<http://www.quizover.com/flashcards/question-the-significance-of-the-little-albert-experiment-anh-dao-nce-?pdf=1505>

Interactive Question:

<http://www.quizover.com/question/question-the-significance-of-the-little-albert-experiment-anh-dao-nce-?pdf=1505>

4.1.82. John B Watson is to cause as Mary Cover Jones is to

Author: Anh Dao

John B Watson is to cause as Mary Cover Jones is to

Please choose only one answer:

- cure
- Skinner
- Piaget
- NLP

Check the answer of this question online at QuizOver.com:

Question: [John B Watson is to cause as Mary Cover Jones is Anh Dao NCE- Quest](#)

Flashcards:

<http://www.quizover.com/flashcards/question-john-b-watson-is-to-cause-as-mary-cover-jones-is-anh-dao-nce-?pdf=1505>

Interactive Question:

<http://www.quizover.com/question/question-john-b-watson-is-to-cause-as-mary-cover-jones-is-anh-dao-nce-?pdf=1505>

4.1.83. In the famous Little Albert experiment, a child was conditioned to ...

Author: Anh Dao

In the famous Little Albert experiment, a child was conditioned to fear a harmless white furry animal. Historical accounts indicate that the child also began to fear a Santa Claus mask. This would demonstrate

Please choose only one answer:

- panic disorder with agoraphobia
- stimulus generalization
- an adjustment reaction
- stimulus discrimination

Check the answer of this question online at QuizOver.com:

Question: [In the famous Little Albert experiment a child Anh Dao NCE- Theories](#)

Flashcards:

<http://www.quizover.com/flashcards/question-in-the-famous-little-albert-experiment-a-child-anh-dao-nce-th?pdf=1505>

Interactive Question:

<http://www.quizover.com/question/question-in-the-famous-little-albert-experiment-a-child-anh-dao-nce-th?pdf=1505>

4.1.84. A counselor who says he or she practices depth psychology technical...

Author: Anh Dao

A counselor who says he or she practices depth psychology technically bases his or her treatment on

Please choose only one answer:

- Pavlov's dogs
- Mary Cover Jones
- John B. Watson
- Freud's topographic hypothesis

Check the answer of this question online at QuizOver.com:

Question: [A counselor who says he or she practices depth Anh Dao NCE- Theories](#)

Flashcards:

<http://www.quizover.com/flashcards/question-a-counselor-who-says-he-or-she-practices-depth-anh-dao-nce-th?pdf=1505>

Interactive Question:

<http://www.quizover.com/question/question-a-counselor-who-says-he-or-she-practices-depth-anh-dao-nce-th?pdf=1505>

4.1.85. When a counselor refers to a counseling paradigm, she really means

Author: Anh Dao

When a counselor refers to a counseling paradigm, she really means

Please choose only one answer:

- she is nondirective
- she is very directive
- a treatment model
- she is not a depth psychologist

Check the answer of this question online at QuizOver.com:

Question: [When a counselor refers to a counseling paradigm Anh Dao NCE- Quest](#)

Flashcards:

<http://www.quizover.com/flashcards/question-when-a-counselor-refers-to-a-counseling-paradigm-anh-dao-nce-?pdf=1505>

Interactive Question:

<http://www.quizover.com/question/question-when-a-counselor-refers-to-a-counseling-paradigm-anh-dao-nce-?pdf=1505>

4.1.86. A man says, "My life has been lousy for the past six months." The ...

Author: Anh Dao

A man says, "My life has been lousy for the past six months." The counselor replies, "Can you tell me specifically what has made life so bad for the last six months?" The counselor is

Please choose only one answer:

- using interpretation
- using summarization
- using concreteness
- using a depth psychology paradigm

Check the answer of this question online at QuizOver.com:

Question: [A man says My life has been lousy for the past Anh Dao NCE- Theories](#)

Flashcards:

<http://www.quizover.com/flashcards/question-a-man-says-my-life-has-been-lousy-for-the-past-anh-dao-nce-th?pdf=1505>

Interactive Question:

<http://www.quizover.com/question/question-a-man-says-my-life-has-been-lousy-for-the-past-anh-dao-nce-th?pdf=1505>

4.1.87. A client who is having a panic attack is told to practice relaxing ...

Author: Anh Dao

A client who is having a panic attack is told to practice relaxing his jaw muscle for three minutes per day. The counselor here is using

Please choose only one answer:

- concreteness
- a directive
- interpretation
- parroting

Check the answer of this question online at QuizOver.com:

Question: [A client who is having a panic attack is told to Anh Dao NCE- Quest](#)

Flashcards:

<http://www.quizover.com/flashcards/question-a-client-who-is-having-a-panic-attack-is-told-to-anh-dao-nce-pdf=1505>

Interactive Question:

<http://www.quizover.com/question/question-a-client-who-is-having-a-panic-attack-is-told-to-anh-dao-nce-pdf=1505>

4.1.88. _____ is a biofeedback device

Author: Anh Dao

_____ is a biofeedback device

Please choose only one answer:

- a bathroom scale
- a DVD player
- a digital clock
- An analyst's couch

Check the answer of this question online at QuizOver.com:

Question: [is a biofeedback device Anh Dao NCE- Theories in Counseling Helping](#)

Flashcards:

<http://www.quizover.com/flashcards/question-is-a-biofeedback-device-anh-dao-nce-theories-in-counseling-he?pdf=1505>

Interactive Question:

<http://www.quizover.com/question/question-is-a-biofeedback-device-anh-dao-nce-theories-in-counseling-he?pdf=1505>

4.1.89. Johnny loves M&Ms but doesn't do his homework. The school counselo...

Author: Anh Dao

Johnny loves M&Ms but doesn't do his homework. The school counselor thus instructs Johnny's mom to give the child a bag of M&Ms every night after he finishes his homework. This is an example of

Please choose only one answer:

- punishment
- biofeedback
- A Pavlovian strategy
- positive reinforcement

Check the answer of this question online at [QuizOver.com](http://www.quizover.com):

Question: [Johnny loves M Ms but doesn't do his homework. Anh Dao NCE- Theories](#)

Flashcards:

<http://www.quizover.com/flashcards/question-johnny-loves-m-ms-but-doesn-t-do-his-homework-anh-dao-nce-the?pdf=1505>

Interactive Question:

<http://www.quizover.com/question/question-johnny-loves-m-ms-but-doesn-t-do-his-homework-anh-dao-nce-the?pdf=1505>

4.1.90. Genuineness, or congruence, is really

Author: Anh Dao

Genuineness, or congruence, is really

Please choose only one answer:

- identical to concreteness
- selective empathy
- the counselor's ability to be himself or herself
- an archaic Freudian notion

Check the answer of this question online at QuizOver.com:

Question: [Genuineness or congruence is really Anh Dao NCE- Theories in Quest](#)

Flashcards:

<http://www.quizover.com/flashcards/question-genuineness-or-congruence-is-really-anh-dao-nce-theories-in-q?pdf=1505>

Interactive Question:

<http://www.quizover.com/question/question-genuineness-or-congruence-is-really-anh-dao-nce-theories-in-q?pdf=1505>

4.1.91. Empathy is

Author: Anh Dao

Empathy is

Please choose only one answer:

- the ability to understand the client's world and to communicate this to the client
- behavioristic
- a and b
- the same as sympathy

Check the answer of this question online at QuizOver.com:

Question: [Empathy is Anh Dao NCE- Theories in Counseling Helping Relationship](#)

Flashcards:

<http://www.quizover.com/flashcards/question-empathy-is-anh-dao-nce-theories-in-counseling-helping-relatio?pdf=1505>

Interactive Question:

<http://www.quizover.com/question/question-empathy-is-anh-dao-nce-theories-in-counseling-helping-relatio?pdf=1505>

4.1.92. When something is added following an operant, it is known as a _____.

Author: Anh Dao

When something is added following an operant, it is known as a _____, and when something is taken away it is called a _____.

Please choose only one answer:

- negative reinforcer; positive reinforcer
- positive reinforcer; negative reinforcer
- extinction; shaping
- classical conditioning; operant conditioning

Check the answer of this question online at QuizOver.com:

Question: [When something is added following an operant it Anh Dao NCE-](#)

Flashcards:

<http://www.quizover.com/flashcards/question-when-something-is-added-following-an-operant-it-anh-dao-nce?pdf=1505>

Interactive Question:

<http://www.quizover.com/question/question-when-something-is-added-following-an-operant-it-anh-dao-nce?pdf=1505>

4.1.93. After a dog is conditioned using the well-known experiment of Pavlo...

Author: Anh Dao

After a dog is conditioned using the well-known experiment of Pavlov's, a light is paired with the bell (CS). In a short period of time the light alone would elicit the salivation. This is called

Please choose only one answer:

- extinction
- token reinforcement
- biofeedback
- higher order conditioning

Check the answer of this question online at QuizOver.com:

Question: [After a dog is conditioned using the well-known Anh Dao NCE-](#)

Flashcards:

<http://www.quizover.com/flashcards/question-after-a-dog-is-conditioned-using-the-well-known-anh-dao-nce?pdf=1505>

Interactive Question:

<http://www.quizover.com/question/question-after-a-dog-is-conditioned-using-the-well-known-anh-dao-nce?pdf=1505>

4.1.94. A counselor decides to use biofeedback training to help a client ra...

Author: Anh Dao

A counselor decides to use biofeedback training to help a client raise the temperature in his right hand to ward off migraines. He would utilize

Please choose only one answer:

- a temperature trainer
- EMG feedback
- EEG feedback
- EKG feedback

Check the answer of this question online at QuizOver.com:

Question: [A counselor decides to use biofeedback training Anh Dao NCE-](#)

Flashcards:

<http://www.quizover.com/flashcards/question-a-counselor-decides-to-use-biofeedback-training-anh-dao-nce?pdf=1505>

Interactive Question:

<http://www.quizover.com/question/question-a-counselor-decides-to-use-biofeedback-training-anh-dao-nce?pdf=1505>

4.1.95. A counselor discovered that a client became nervous and often expe...

Author: Anh Dao

A counselor discovered that a client became nervous and often experienced panic attacks when she would tense her frontalis muscle over her eyes. The counselor wanted direct muscle feedback and thus would rely on

Please choose only one answer:

- the Jacobson relaxation method
- GSR feedback
- EMG feedback
- a simple yet effective mood ring

Check the answer of this question online at [QuizOver.com](http://www.quizover.com):

Question: [A counselor discovered that a client became nervous and often experienced panic attacks when she would tense her frontalis muscle over her eyes. The counselor wanted direct muscle feedback and thus would rely on](#)

Flashcards:

<http://www.quizover.com/flashcards/question-a-counselor-discovered-that-a-client-became-nervous-and-often-experienced-panic-attacks-when-she-would-tense-her-frontalis-muscle-over-her-eyes-the-counselor-wanted-direct-muscle-feedback-and-thus-would-rely-on>

Interactive Question:

<http://www.quizover.com/question/question-a-counselor-discovered-that-a-client-became-nervous-and-often-experienced-panic-attacks-when-she-would-tense-her-frontalis-muscle-over-her-eyes-the-counselor-wanted-direct-muscle-feedback-and-thus-would-rely-on>

4.1.96. According to the Premack principle, an efficient reinforcer is what...

Author: Anh Dao

According to the Premack principle, an efficient reinforcer is what the client himself or herself to do. Thus, in this procedure

Please choose only one answer:

- a lower-probability behavior is reinforced by a higher probability behavior
- a higher-probability behavior is reinforced by a higher probability behavior
- a and b are paradoxically both effective
- none of the above

Check the answer of this question online at QuizOver.com:

Question: [According to the Premack principle an efficient Anh Dao NCE-](#)

Flashcards:

<http://www.quizover.com/flashcards/question-according-to-the-premack-principle-an-efficient-anh-dao-nce?pdf=1505>

Interactive Question:

<http://www.quizover.com/question/question-according-to-the-premack-principle-an-efficient-anh-dao-nce?pdf=1505>

4.1.97. A counselor who wanted to teach a client to produce alpha waves for...

Author: Anh Dao

A counselor who wanted to teach a client to produce alpha waves for relaxation would utilize

Please choose only one answer:

- EMG feedback
- GSR feedback
- EEG feedback
- EKG feedback

Check the answer of this question online at QuizOver.com:

Question: [A counselor who wanted to teach a client to Anh Dao NCE- Theories](#)

Flashcards:

<http://www.quizover.com/flashcards/question-a-counselor-who-wanted-to-teach-a-client-to-anh-dao-nce-theor?pdf=1505>

Interactive Question:

<http://www.quizover.com/question/question-a-counselor-who-wanted-to-teach-a-client-to-anh-dao-nce-theor?pdf=1505>

4.1.98. A reinforcement schedule gives the guidelines or rules for reinforc...

Author: Anh Dao

A reinforcement schedule gives the guidelines or rules for reinforcement. If a reinforcer is given every time a desired response occurs, it is known as

Please choose only one answer:

- intermittent schedule
- an extinction schedule
- continuous reinforcement
- thinning

Check the answer of this question online at QuizOver.com:

Question: [A reinforcement schedule gives the guidelines or Anh Dao NCE- Quest](#)

Flashcards:

<http://www.quizover.com/flashcards/question-a-reinforcement-schedule-gives-the-guidelines-or-anh-dao-nce-?pdf=1505>

Interactive Question:

<http://www.quizover.com/question/question-a-reinforcement-schedule-gives-the-guidelines-or-anh-dao-nce-?pdf=1505>

4.1.99. The two basic classes of intermittent reinforcement schedules are t...

Author: Anh Dao

The two basic classes of intermittent reinforcement schedules are the _____, based on the number of responses and the _____ based on elapsed.

Please choose only one answer:

- ration; interval
- interval; ratio
- continuous; ratio
- interval; cointinuous

Check the answer of this question online at QuizOver.com:

Question: [The two basic classes of intermittent reinforcement Anh NCE-](#)

Flashcards:

<http://www.quizover.com/flashcards/question-the-two-basic-classes-of-intermittent-reinforcement-anh-nce?pdf=1505>

Interactive Question:

<http://www.quizover.com/question/question-the-two-basic-classes-of-intermittent-reinforcement-anh-nce?pdf=1505>

4.1.100. The most intermittent schedule to extinguish is the

Author: Anh Dao

The most intermittent schedule to extinguish is the

Please choose only one answer:

- fixed ration, for example giving a child an M&M for each five math problems she completes
- fixed interval, which describes the way most agency counselors are paid (e.g. one time per month, although the amount of work may vary from month to month).
- variable interval
- variable ratio

Check the answer of this question online at QuizOver.com:

Question: [The most intermittent schedule to extinguish is Anh Dao NCE-](#)

Flashcards:

<http://www.quizover.com/flashcards/question-the-most-intermittent-schedule-to-extinguish-is-anh-dao-nce?pdf=1505>

Interactive Question:

<http://www.quizover.com/question/question-the-most-intermittent-schedule-to-extinguish-is-anh-dao-nce?pdf=1505>

4.1.101. Joseph Wolpe created systematic desensitization, a form of reciproc...

Author: Anh Dao

Joseph Wolpe created systematic desensitization, a form of reciprocal inhibition based on counterconditioning. His strategy has been used in individual and group settings. When using his technique , the acronym SUDS stands for

Please choose only one answer:

- standard units of dysfunction
- a given hierarchy of dysfunction
- subjective units of distress scale
- standard units of dysfunction scale

Check the answer of this question online at QuizOver.com:

Question: [Joseph Wolpe created systematic desensitization Anh Dao NCE-](#)

Flashcards:

<http://www.quizover.com/flashcards/question-joseph-wolpe-created-systematic-desensitization-anh-dao-nce?pdf=1505>

Interactive Question:

<http://www.quizover.com/question/question-joseph-wolpe-created-systematic-desensitization-anh-dao-nce?pdf=1505>

4.1.102. A stimulus which accompanies a primary reinforcer takes on reinforc...

Author: Anh Dao

A stimulus which accompanies a primary reinforcer takes on reinforcement properties of its own. This is known as

Please choose only one answer:

- a primary reinforcer
- covert processing
- secondary reinforcement
- SUDS

Check the answer of this question online at [QuizOver.com](http://www.quizover.com):

Question: [A stimulus which accompanies a primary reinforcer Anh NCE- Theories](#)

Flashcards:

<http://www.quizover.com/flashcards/question-a-stimulus-which-accompanies-a-primary-reinforcer-anh-nce-the?pdf=1505>

Interactive Question:

<http://www.quizover.com/question/question-a-stimulus-which-accompanies-a-primary-reinforcer-anh-nce-the?pdf=1505>

4.1.103. A teenager in a residential facility has earned enough tokens to bu...

Author: Anh Dao

A teenager in a residential facility has earned enough tokens to buy his favorite brand of candy bar. The candy bar is

Please choose only one answer:

- a negative reinforcer
- a back-up reinforcer
- an average stimulus
- a conditioned reinforcer

Check the answer of this question online at QuizOver.com:

Question: [A teenager in a residential facility has earned Anh Dao NCE-](#)

Flashcards:

<http://www.quizover.com/flashcards/question-a-teenager-in-a-residential-facility-has-earned-anh-dao-nce?pdf=1505>

Interactive Question:

<http://www.quizover.com/question/question-a-teenager-in-a-residential-facility-has-earned-anh-dao-nce?pdf=1505>

4.1.104. An alcoholic is given Antabuse, which is a drug that causes nausea ...

Author: Anh Dao

An alcoholic is given Antabuse, which is a drug that causes nausea when paired with alcohol. This technique is called

Please choose only one answer:

- systematic desensitization
- biofeedback
- back-up reinforcement
- aversive conditioning

Check the answer of this question online at [QuizOver.com](http://www.quizover.com):

Question: [An alcoholic is given Antabuse which is a drug Anh Dao NCE- Theories](#)

Flashcards:

<http://www.quizover.com/flashcards/question-an-alcoholic-is-given-antabuse-which-is-a-drug-anh-dao-nce-th?pdf=1505>

Interactive Question:

<http://www.quizover.com/question/question-an-alcoholic-is-given-antabuse-which-is-a-drug-anh-dao-nce-th?pdf=1505>

4.1.105. A counselor decides to treat a client's phobia of flying utilizing ...

Author: Anh Dao

A counselor decides to treat a client's phobia of flying utilizing Wolpe's technique of systematic desensitization. The first step in the anxiety hierarchy items would be

Please choose only one answer:

- imagining that she is calling the airplanes for reservations
- imagining that she is boarding the plane
- imagining a flight in an airplane
- an actual flight in an airplane

Check the answer of this question online at QuizOver.com:

Question: [A counselor decides to treat a client's phobia Anh Dao NCE- Theories](#)

Flashcards:

<http://www.quizover.com/flashcards/question-a-counselor-decides-to-treat-a-client-s-phobia-anh-dao-nce-th?pdf=1505>

Interactive Question:

<http://www.quizover.com/question/question-a-counselor-decides-to-treat-a-client-s-phobia-anh-dao-nce-th?pdf=1505>

4.1.106. A counselor utilizes role-playing combined with a hierarchy of situ...

Author: Anh Dao

A counselor utilizes role-playing combined with a hierarchy of situations in which the client is ordinarily nonassertive. Assertiveness trainers refers to this as

Please choose only one answer:

- conscious rehearsal
- behavioral rehearsal
- fixed role therapy
- a and b

Check the answer of this question online at QuizOver.com:

Question: [A counselor utilizes role-playing combined with Anh Dao NCE-](#)

Flashcards:

<http://www.quizover.com/flashcards/question-a-counselor-utilizes-role-playing-combined-with-anh-dao-nce?pdf=1505>

Interactive Question:

<http://www.quizover.com/question/question-a-counselor-utilizes-role-playing-combined-with-anh-dao-nce?pdf=1505>

4.1.107. Systematic desensitization consists of these orderly steps:

Author: Anh Dao

Systematic desensitization consists of these orderly steps:

Please choose only one answer:

- autogenic training, desensitization in the imagination, and construction of the hierarchy
- relaxation training, construction of anxiety hierarchy, in vivo desensitization, and desensitization in imagination
- relaxation training, desensitization in imagination, and construction of hierarchy
- relaxation training, construction of anxiety hierarchy, desensitization in imagination, and in vivo desensitization

Check the answer of this question online at QuizOver.com:

Question: [Systematic desensitization consists of these Anh Dao NCE- Theories](#)

Flashcards:

<http://www.quizover.com/flashcards/question-systematic-desensitization-consists-of-these-anh-dao-nce-theo?pdf=1505>

Interactive Question:

<http://www.quizover.com/question/question-systematic-desensitization-consists-of-these-anh-dao-nce-theo?pdf=1505>

4.1.108. _____ is behavioral health

Author: Anh Dao

_____ is behavioral health

Please choose only one answer:

- classical vegotherapy
- orgone box therapy
- conditioned reflex therapy
- sensate focus

Check the answer of this question online at QuizOver.com:

Question: [is behavioral health Anh Dao NCE- Theories in Counseling Helping](#)

Flashcards:

<http://www.quizover.com/flashcards/question-is-behavioral-health-anh-dao-nce-theories-in-counseling-helpi?pdf=1505>

Interactive Question:

<http://www.quizover.com/question/question-is-behavioral-health-anh-dao-nce-theories-in-counseling-helpi?pdf=1505>

4.1.109. A counselor has an obese client imagine that he is terribly sick af...

Author: Anh Dao

A counselor has an obese client imagine that he is terribly sick after eating a high caloric, high fat meal. The client then imagines a pleasant scene in which his eating is desirable. This technique is called

Please choose only one answer:

- behavioral rehearsal
- in vivo sensitization
- covert sensitization
- in vivo desensitization

Check the answer of this question online at QuizOver.com:

Question: [A counselor has an obese client imagine that he Anh Dao NCE-](#)

Flashcards:

<http://www.quizover.com/flashcards/question-a-counselor-has-an-obese-client-imagine-that-he-anh-dao-nce?pdf=1505>

Interactive Question:

<http://www.quizover.com/question/question-a-counselor-has-an-obese-client-imagine-that-he-anh-dao-nce?pdf=1505>

4.1.110. One distinction between flooding (also known as "deliberate exposur...

Author: Anh Dao

One distinction between flooding (also known as "deliberate exposure with response prevention" in recent literature) and implosive therapy is that

Please choose only one answer:

- implosive therapy is always conducted in the imagination
- flooding is always conducted in a imagination
- flooding is always safer
- implosive therapy is physically more dangerous

Check the answer of this question online at QuizOver.com:

Question: [One distinction between flooding also known as Anh Dao NCE- Theories](#)

Flashcards:

<http://www.quizover.com/flashcards/question-one-distinction-between-flooding-also-known-as-anh-dao-nce-th?pdf=1505>

Interactive Question:

<http://www.quizover.com/question/question-one-distinction-between-flooding-also-known-as-anh-dao-nce-th?pdf=1505>

4.1.111. Behavior therapists often shy away from punishment because

Author: Anh Dao

Behavior therapists often shy away from punishment because

Please choose only one answer:

- ACA ethics forbid the use of this technique
- NBCC ethics prohibit the use of operant conditioning
- extinction works more quickly
- the effects of punishment are usually temporary and it teaches aggression

Check the answer of this question online at QuizOver.com:

Question: [Behavior therapists often shy away from punishment Anh NCE- Theories](#)

Flashcards:

<http://www.quizover.com/flashcards/question-behavior-therapists-often-shy-away-from-punishment-anh-nce-th?pdf=1505>

Interactive Question:

<http://www.quizover.com/question/question-behavior-therapists-often-shy-away-from-punishment-anh-nce-th?pdf=1505>

4.1.112. A neophyte counselor discovers her clients invariably give yes and ...

Author: Anh Dao

A neophyte counselor discovers her clients invariably give yes and no answers to her questions. The problem is mostly likely that

Please choose only one answer:

- the counselor is sympathetic rather than empathetic
- the counselor is utilizing too many closed- ended questions
- the counselor's timing is poor in terms of interpretation
- she is summarizing too early in the counseling process

Check the answer of this question online at QuizOver.com:

Question: [A neophyte counselor discovers her clients Anh Dao NCE- Theories](#)

Flashcards:

<http://www.quizover.com/flashcards/question-a-neophyte-counselor-discovers-her-clients-anh-dao-nce-theori?pdf=1505>

Interactive Question:

<http://www.quizover.com/question/question-a-neophyte-counselor-discovers-her-clients-anh-dao-nce-theori?pdf=1505>

4.1.113. A client remarks that he was just dumped by his girl friend. The c...

Author: Anh Dao

A client remarks that he was just dumped by his girl friend. The counselor responds. "Oh you poor dear. It must be terrible! How can you go on living?" this is an example of

Please choose only one answer:

- EDMR
- accurate empathy
- confrontation
- sympathy

Check the answer of this question online at QuizOver.com:

Question: [A client remarks that he was just dumped by his Anh Dao NCE-](#)

Flashcards:

<http://www.quizover.com/flashcards/question-a-client-remarks-that-he-was-just-dumped-by-his-anh-dao-nce?pdf=1505>

Interactive Question:

<http://www.quizover.com/question/question-a-client-remarks-that-he-was-just-dumped-by-his-anh-dao-nce?pdf=1505>

4.1.114. A neophyte counselor is afraid he will say the wrong thing. He thu...

Author: Anh Dao

A neophyte counselor is afraid he will say the wrong thing. He thus keeps repeating the client's statements verbatim when he responds. This is known as

Please choose only one answer:

- desirable attending behavior
- parroting and is not recommended
- level 3 on the empathy scale
- paradoxical intention

Check the answer of this question online at QuizOver.com:

Question: [A neophyte counselor is afraid he will say the Anh Dao NCE- Theories](#)

Flashcards:

<http://www.quizover.com/flashcards/question-a-neophyte-counselor-is-afraid-he-will-say-the-anh-dao-nce-th?pdf=1505>

Interactive Question:

<http://www.quizover.com/question/question-a-neophyte-counselor-is-afraid-he-will-say-the-anh-dao-nce-th?pdf=1505>

4.1.115. Viktor Frankl is the Father of logotherapy, which is based on exist...

Author: Anh Dao

Viktor Frankl is the Father of logotherapy, which is based on existentialism. Logotherapy means

Please choose only one answer:

- healing through meaning
- healing through the unconscious
- logic cures
- all of the above

Check the answer of this question online at QuizOver.com:

Question: [Viktor Frankl is the Father of logotherapy which Anh Dao NCE- Quest](#)

Flashcards:

<http://www.quizover.com/flashcards/question-viktor-frankl-is-the-father-of-logotherapy-which-anh-dao-nce-?pdf=1505>

Interactive Question:

<http://www.quizover.com/question/question-viktor-frankl-is-the-father-of-logotherapy-which-anh-dao-nce-?pdf=1505>

4.1.116. All of these philosophers are existentialists except

Author: Anh Dao

All of these philosophers are existentialists except

Please choose only one answer:

- Plato and Epictetus
- Satre, Buber, Binswanger, and Boss
- Kierkegaard, Nietzsche, and Tillich
- Heidegger, Dostoevsky, and Jaspers

Check the answer of this question online at QuizOver.com:

Question: [All of these philosophers are existentialists Anh Dao NCE- Theories](#)

Flashcards:

<http://www.quizover.com/flashcards/question-all-of-these-philosophers-are-existentialists-anh-dao-nce-the?pdf=1505>

Interactive Question:

<http://www.quizover.com/question/question-all-of-these-philosophers-are-existentialists-anh-dao-nce-the?pdf=1505>

4.1.117. Although behavior therapy purports to be highly scientific, it has ...

Author: Anh Dao

Although behavior therapy purports to be highly scientific, it has been criticized on the grounds that it is reductionistic, simplistic, and does not deal with underlying causes. Existential therapy, on the other hand had been criticized for

Please choose only one answer:

- being too short term
- overemphasizing techniques
- ignoring group strategies
- being too vague regarding techniques and procedures

Check the answer of this question online at QuizOver.com:

Question: [Although behavior therapy purports to be highly Anh Dao NCE-](#)

Flashcards:

<http://www.quizover.com/flashcards/question-although-behavior-therapy-purports-to-be-highly-anh-dao-nce?pdf=1505>

Interactive Question:

<http://www.quizover.com/question/question-although-behavior-therapy-purports-to-be-highly-anh-dao-nce?pdf=1505>

4.1.118. Existentialists focus primarily on

Author: Anh Dao

Existentialists focus primarily on

Please choose only one answer:

- the teenage years
- the client's perception in the her and now
- childhood traumas
- uplifting childhood memories

Check the answer of this question online at QuizOver.com:

Question: [Existentialists focus primarily Anh Dao NCE- Theories in Counseling](#)

Flashcards:

<http://www.quizover.com/flashcards/question-existentialists-focus-primarily-anh-dao-nce-theories-in-couns?pdf=1505>

Interactive Question:

<http://www.quizover.com/question/question-existentialists-focus-primarily-anh-dao-nce-theories-in-couns?pdf=1505>

4.1.119. Existential counselors as well as Rogerian Person- Centered counsel...

Author: Anh Dao

Existential counselors as well as Rogerian Person- Centered counselors adhere to what Buber called the I Thou relationship, which asserts that

Please choose only one answer:

- the counselor is seen as a highly trained expert with answers
- the relationship is vertical
- the relationship is horizontal
- empathy is not necessary

Check the answer of this question online at QuizOver.com:

Question: [Existential counselors as well as Rogerian Person Anh NCE- Theories](#)

Flashcards:

<http://www.quizover.com/flashcards/question-existential-counselors-as-well-as-rogerian-person-anh-nce-the?pdf=1505>

Interactive Question:

<http://www.quizover.com/question/question-existential-counselors-as-well-as-rogerian-person-anh-nce-the?pdf=1505>

4.1.120. Frankl is an existentialist. So are

Author: Anh Dao

Frankl is an existentialist. So are

Please choose only one answer:

- Ellis and Perls
- Perls and Stampfl
- Yalom and May
- Janov and Beck

Check the answer of this question online at QuizOver.com:

Question: [Frankl is an existentialist. So are Anh Dao NCE- Theories in Quest](#)

Flashcards:

<http://www.quizover.com/flashcards/question-frankl-is-an-existentialist-so-are-anh-dao-nce-theories-in-qu?pdf=1505>

Interactive Question:

<http://www.quizover.com/question/question-frankl-is-an-existentialist-so-are-anh-dao-nce-theories-in-qu?pdf=1505>

4.1.121. Existentialists speak of three worlds, The Umwelt or the _____...

Author: Anh Dao

Existentialists speak of three worlds, The Umwelt or the _____ world, the Mitwelt or the _____ world, and the Eigenwelt or the _____ world.

Please choose only one answer:

- unconscious; preconscious; conscious
- id; ego; superego
- self-identity; relationship; physical
- physical; relationship; identity

Check the answer of this question online at [QuizOver.com](http://www.quizover.com):

Question: [Existentialists speak of three worlds The Umwelt Anh Dao NCE- Quest](#)

Flashcards:

<http://www.quizover.com/flashcards/question-existentialists-speak-of-three-worlds-the-umwelt-anh-dao-nce-pdf=1505>

Interactive Question:

<http://www.quizover.com/question/question-existentialists-speak-of-three-worlds-the-umwelt-anh-dao-nce-pdf=1505>

4.1.122. Frankl's experience in Nazi concentration camps taught him

Author: Anh Dao

Frankl's experience in Nazi concentration camps taught him

Please choose only one answer:

- the value of S-R psychological paradigms
- that you can't control the environment, but you can control your response
- that blaming other can be truly therapeutic
- how to blame the environment for our difficulties

Check the answer of this question online at QuizOver.com:

Question: [Frankl's experience in Nazi concentration camps Anh Dao NCE-](#)

Flashcards:

<http://www.quizover.com/flashcards/question-frankl-s-experience-in-nazi-concentration-camps-anh-dao-nce?pdf=1505>

Interactive Question:

<http://www.quizover.com/question/question-frankl-s-experience-in-nazi-concentration-camps-anh-dao-nce?pdf=1505>

4.1.123. Existential counselors emphasize the clients'

Author: Anh Dao

Existential counselors emphasize the clients'

Please choose only one answer:

- free choice, decision, and will
- transference
- slips of the tongue
- latent dream of symbolism

Check the answer of this question online at QuizOver.com:

Question: [Existential counselors emphasize the clients' Anh Dao NCE- Theories](#)

Flashcards:

<http://www.quizover.com/flashcards/question-existential-counselors-emphasize-the-clients-anh-dao-nce-theo?pdf=1505>

Interactive Question:

<http://www.quizover.com/question/question-existential-counselors-emphasize-the-clients-anh-dao-nce-theo?pdf=1505>

4.1.124. Existential theorists speak of phenomenology, which refers to the c...

Author: Anh Dao

Existential theorists speak of phenomenology, which refers to the client's internal personal experience of events and ontology which is

Please choose only one answer:

- mental visualization for the treatment of cancer
- the impact of cancer on emotions
- a cancerous growth in the brain
- the philosophy of being existing

Check the answer of this question online at QuizOver.com:

Question: [Existential theorists speak of phenomenology Anh Dao NCE- Theories](#)

Flashcards:

<http://www.quizover.com/flashcards/question-existential-theorists-speak-of-phenomenology-anh-dao-nce-theo?pdf=1505>

Interactive Question:

<http://www.quizover.com/question/question-existential-theorists-speak-of-phenomenology-anh-dao-nce-theo?pdf=1505>

4.1.125. Viktor Frankl is to logotherapy as William Glasser is to

Author: Anh Dao

Viktor Frankl is to logotherapy as William Glasser is to

Please choose only one answer:

- rational therapy
- reality therapy
- rational emotive imagery
- RBT

Check the answer of this question online at QuizOver.com:

Question: [Viktor Frankl is to logotherapy as William Glasser Anh NCE- Theories](#)

Flashcards:

<http://www.quizover.com/flashcards/question-viktor-frankl-is-to-logotherapy-as-william-glasser-anh-nce-th?pdf=1505>

Interactive Question:

<http://www.quizover.com/question/question-viktor-frankl-is-to-logotherapy-as-william-glasser-anh-nce-th?pdf=1505>

4.1.126. Reality therapy has incorporated

Author: Anh Dao

Reality therapy has incorporated

Please choose only one answer:

- control theory, later referred to as choice therapy
- rational imagery
- TA principles
- rolfing

Check the answer of this question online at QuizOver.com:

Question: [Reality therapy has incorporated Anh Dao NCE- Theories in Counseling](#)

Flashcards:

<http://www.quizover.com/flashcards/question-reality-therapy-has-incorporated-anh-dao-nce-theories-in-coun?pdf=1505>

Interactive Question:

<http://www.quizover.com/question/question-reality-therapy-has-incorporated-anh-dao-nce-theories-in-coun?pdf=1505>

4.1.127. All these statements regarding reality therapy are true except

Author: Anh Dao

All these statements regarding reality therapy are true except

Please choose only one answer:

- the client's childhood is explored
- excuses are not accepted
- the unconscious is avoided
- therapy is concerned primarily with the here and now

Check the answer of this question online at QuizOver.com:

Question: [All these statements regarding reality therapy Anh Dao NCE- Theories](#)

Flashcards:

<http://www.quizover.com/flashcards/question-all-these-statements-regarding-reality-therapy-anh-dao-nce-th?pdf=1505>

Interactive Question:

<http://www.quizover.com/question/question-all-these-statements-regarding-reality-therapy-anh-dao-nce-th?pdf=1505>

4.1.128. A counselor who repeats what a client has stated in the counselor's...

Author: Anh Dao

A counselor who repeats what a client has stated in the counselor's own words is using

Please choose only one answer:

- contracting
- confrontation
- paraphrasing
- parroting

Check the answer of this question online at QuizOver.com:

Question: [A counselor who repeats what a client has stated Anh Dao NCE- Quest](#)

Flashcards:

<http://www.quizover.com/flashcards/question-a-counselor-who-repeats-what-a-client-has-stated-anh-dao-nce-?pdf=1505>

Interactive Question:

<http://www.quizover.com/question/question-a-counselor-who-repeats-what-a-client-has-stated-anh-dao-nce-?pdf=1505>

4.1.129. Most experts would agree that _____ is most threatening ...

Author: Anh Dao

Most experts would agree that _____ is most threatening for clients as well as counselors

Please choose only one answer:

- paraphrasing by the counselor
- open-ended questions
- role rehearsal
- silence

Check the answer of this question online at QuizOver.com:

Question: [Most experts would agree that is most threatening Anh NCE- Theories](#)

Flashcards:

<http://www.quizover.com/flashcards/question-most-experts-would-agree-that-is-most-threatening-anh-nce-the?pdf=1505>

Interactive Question:

<http://www.quizover.com/question/question-most-experts-would-agree-that-is-most-threatening-anh-nce-the?pdf=1505>

4.1.130. When the past is discussed in reality therapy, the focus is on

Author: Anh Dao

When the past is discussed in reality therapy, the focus is on

Please choose only one answer:

- failures
- irrational internal verbalizations
- transference issues
- successful behaviors

Check the answer of this question online at QuizOver.com:

Question: [When the past is discussed in reality therapy Anh Dao NCE- Theories](#)

Flashcards:

<http://www.quizover.com/flashcards/question-when-the-past-is-discussed-in-reality-therapy-anh-dao-nce-the?pdf=1505>

Interactive Question:

<http://www.quizover.com/question/question-when-the-past-is-discussed-in-reality-therapy-anh-dao-nce-the?pdf=1505>

4.1.131. Glasser's position on mental illness is that

Author: Anh Dao

Glasser's position on mental illness is that

Please choose only one answer:

- it is best explained by DSM guidelines
- diagnostic labels give clients permission to act sick or irresponsible
- it is best explained by ICD categories
- it is the result of a deep internal conflict

Check the answer of this question online at QuizOver.com:

Question: [Glasser's position on mental illness is that Anh Dao NCE- Theories](#)

Flashcards:

<http://www.quizover.com/flashcards/question-glasser-s-position-on-mental-illness-is-that-anh-dao-nce-theo?pdf=1505>

Interactive Question:

<http://www.quizover.com/question/question-glasser-s-position-on-mental-illness-is-that-anh-dao-nce-theo?pdf=1505>

4.1.132. The relationship that the therapist has with the client in reality ...

Author: Anh Dao

The relationship that the therapist has with the client in reality therapy is

Please choose only one answer:

- detached but very empathetic
- like that of a warm caring mother
- like that of a friend who asks what is wrong
- friendly, nevertheless punishment is used when it is appropriate

Check the answer of this question online at QuizOver.com:

Question: [The relationship that the therapist has with the Anh Dao NCE- Quest](#)

Flashcards:

<http://www.quizover.com/flashcards/question-the-relationship-that-the-therapist-has-with-the-anh-dao-nce-?pdf=1505>

Interactive Question:

<http://www.quizover.com/question/question-the-relationship-that-the-therapist-has-with-the-anh-dao-nce-?pdf=1505>

4.1.133. Glasser's theory was popularized in educational circles after he wrote

Author: Anh Dao

Glasser's theory was popularized in educational circles after he wrote

Please choose only one answer:

- choice theory
- The interpretation of dreams
- positive addiction
- schools without failure

Check the answer of this question online at QuizOver.com:

Question: [Glasser's theory was popularized in educational Anh Dao NCE-](#)

Flashcards:

<http://www.quizover.com/flashcards/question-glasser-s-theory-was-popularized-in-educational-anh-dao-nce?pdf=1505>

Interactive Question:

<http://www.quizover.com/question/question-glasser-s-theory-was-popularized-in-educational-anh-dao-nce?pdf=1505>

4.1.134. Glasser suggested eight steps in the reality therapy process. The ...

Author: Anh Dao

Glasser suggested eight steps in the reality therapy process. The final step asserts

Please choose only one answer:

- that the client and counselor be persistent and never give up
- that some problems will not respond to any known plan of action
- that counselors should contract with the client for no more than five counseling sessions
- that a client who does not respond to the first seven steps is most likely a borderline personality

Check the answer of this question online at QuizOver.com:

Question: [Glasser suggested eight steps in the reality Anh Dao NCE- Theories](#)

Flashcards:

<http://www.quizover.com/flashcards/question-glasser-suggested-eight-steps-in-the-reality-anh-dao-nce-theo?pdf=1505>

Interactive Question:

<http://www.quizover.com/question/question-glasser-suggested-eight-steps-in-the-reality-anh-dao-nce-theo?pdf=1505>

4.1.135. According to Glasser, a positive addiction might be

Author: Anh Dao

According to Glasser, a positive addiction might be

Please choose only one answer:

- jogging
- gambling
- playing the office football pool
- playing professional football

Check the answer of this question online at QuizOver.com:

Question: [According to Glasser a positive addiction might Anh Dao NCE-](#)

Flashcards:

<http://www.quizover.com/flashcards/question-according-to-glasser-a-positive-addiction-might-anh-dao-nce?pdf=1505>

Interactive Question:

<http://www.quizover.com/question/question-according-to-glasser-a-positive-addiction-might-anh-dao-nce?pdf=1505>

4.1.136. When a counselor reviews what has transpired in past counseling ses...

Author: Anh Dao

When a counselor reviews what has transpired in past counseling sessions he or she is using

Please choose only one answer:

- paraphrasing
- reflection
- summarization
- confrontation

Check the answer of this question online at QuizOver.com:

Question: [When a counselor reviews what has transpired in Anh Dao NCE-](#)

Flashcards:

<http://www.quizover.com/flashcards/question-when-a-counselor-reviews-what-has-transpired-in-anh-dao-nce?pdf=1505>

Interactive Question:

<http://www.quizover.com/question/question-when-a-counselor-reviews-what-has-transpired-in-anh-dao-nce?pdf=1505>

4.1.137. Glaser felt that responsible person will have a _____...

Author: Anh Dao

Glaser felt that responsible person will have a _____ identity

Please choose only one answer:

- failure
- success
- diffused
- crisis-oriented

Check the answer of this question online at QuizOver.com:

Question: [Glaser felt that responsible person will have a Anh Dao NCE-](#)

Flashcards:

<http://www.quizover.com/flashcards/question-glaser-felt-that-responsible-person-will-have-a-anh-dao-nce?pdf=1505>

Interactive Question:

<http://www.quizover.com/question/question-glaser-felt-that-responsible-person-will-have-a-anh-dao-nce?pdf=1505>

4.1.138. William Glasser M.D. is to reality as Albert Ellis, Ph.d. is to

Author: Anh Dao

William Glasser M.D. is to reality as Albert Ellis, Ph.d. is to

Please choose only one answer:

- Rational Emotive behavior therapy (REBT)
- Transactional analysis (TA)
- Assertiveness training (AT)
- Gestalt Therapy

Check the answer of this question online at QuizOver.com:

Question: [William Glasser M.D. is to reality as Albert Anh Dao NCE- Theories](#)

Flashcards:

<http://www.quizover.com/flashcards/question-william-glasser-m-d-is-to-reality-as-albert-anh-dao-nce-theor?pdf=1505>

Interactive Question:

<http://www.quizover.com/question/question-william-glasser-m-d-is-to-reality-as-albert-anh-dao-nce-theor?pdf=1505>

4.1.139. In Albert Ellis's REBT the client is taught to change cognitions, a...

Author: Anh Dao

In Albert Ellis's REBT the client is taught to change cognitions, also known as

Please choose only one answer:

- self talk
- internal verbalization
- impulses
- a and b

Check the answer of this question online at QuizOver.com:

Question: [In Albert Ellis's REBT the client is taught to Anh Dao NCE- Theories](#)

Flashcards:

<http://www.quizover.com/flashcards/question-in-albert-ellis-s-rebt-the-client-is-taught-to-anh-dao-nce-th?pdf=1505>

Interactive Question:

<http://www.quizover.com/question/question-in-albert-ellis-s-rebt-the-client-is-taught-to-anh-dao-nce-th?pdf=1505>

4.1.140. The philosopher most closely related to REBT would be

Author: Anh Dao

The philosopher most closely related to REBT would be

Please choose only one answer:

- Buber
- Epictetus, a stoic philosopher who suggested we feel the way we think
- Locke
- Jaspers

Check the answer of this question online at QuizOver.com:

Question: [The philosopher most closely related to REBT Anh Dao NCE- Theories](#)

Flashcards:

<http://www.quizover.com/flashcards/question-the-philosopher-most-closely-related-to-rebt-anh-dao-nce-theo?pdf=1505>

Interactive Question:

<http://www.quizover.com/question/question-the-philosopher-most-closely-related-to-rebt-anh-dao-nce-theo?pdf=1505>

4.1.141. REBT suggests the ABC theory of personality in which A is the _____...

Author: Anh Dao

REBT suggests the ABC theory of personality in which A is the _____ and B is the _____ and C is the _____.

Please choose only one answer:

- affect; belief; control
- activating event; belief system; emotional consequence
- affect; behavior; control
- authenticity; belief; emotional consequence

Check the answer of this question online at QuizOver.com:

Question: [REBT suggests the ABC theory of personality in Anh Dao NCE- Theories](#)

Flashcards:

<http://www.quizover.com/flashcards/question-rebt-suggests-the-abc-theory-of-personality-in-anh-dao-nce-th?pdf=1505>

Interactive Question:

<http://www.quizover.com/question/question-rebt-suggests-the-abc-theory-of-personality-in-anh-dao-nce-th?pdf=1505>

4.1.142. The ABC theory of personality postulates that the intervention that...

Author: Anh Dao

The ABC theory of personality postulates that the intervention that occurs at D, _____ leads to E, _____.

Please choose only one answer:

- the dogmatic attitude; effect behavior
- direct living; evaluation
- disputing the irrational behavior at B; a new emotional consequence
- the emotional disease; a new emotional consequence

Check the answer of this question online at QuizOver.com:

Question: [The ABC theory of personality postulates that Anh Dao NCE- Theories](#)

Flashcards:

<http://www.quizover.com/flashcards/question-the-abc-theory-of-personality-postulates-that-anh-dao-nce-the?pdf=1505>

Interactive Question:

<http://www.quizover.com/question/question-the-abc-theory-of-personality-postulates-that-anh-dao-nce-the?pdf=1505>

4.1.143. A counselor instructs her client to read A Guide to Rational Living...

Author: Anh Dao

A counselor instructs her client to read A Guide to Rational Living by Albert Ellis and Robert Harper. This is an example of

Please choose only one answer:

- bibliotherapy
- countertransference
- masturbation
- concreteness

Check the answer of this question online at QuizOver.com:

Question: [A counselor instructs her client to read A Guide Anh Dao NCE- Quest](#)

Flashcards:

<http://www.quizover.com/flashcards/question-a-counselor-instructs-her-client-to-read-a-guide-anh-dao-nce-?pdf=1505>

Interactive Question:

<http://www.quizover.com/question/question-a-counselor-instructs-her-client-to-read-a-guide-anh-dao-nce-?pdf=1505>

4.1.144. Shoulds and outs are _____ according to Ellis

Author: Anh Dao

Shoulds and outs are _____ according to Ellis

Please choose only one answer:

- musturbations
- masturbations
- awfulizations
- rational

Check the answer of this question online at QuizOver.com:

Question: [Shoulds and outs are according to Ellis Anh Dao NCE- Theories in](#)

Flashcards:

<http://www.quizover.com/flashcards/question-shoulds-and-outs-are-according-to-ellis-anh-dao-nce-theories-?pdf=1505>

Interactive Question:

<http://www.quizover.com/question/question-shoulds-and-outs-are-according-to-ellis-anh-dao-nce-theories-?pdf=1505>

4.1.145. A client says " I lost mu job and it's the most terrible thing in t...

Author: Anh Dao

A client says " I lost mu job and it's the most terrible thing in the world," This client is engaging in

Please choose only one answer:

- rational self-talk
- self-induced empathy
- cognitive restructuring
- awfulizing and terrablizing also known as catastrophizing

Check the answer of this question online at QuizOver.com:

Question: [A client says I lost mu job and it's the most Anh Dao NCE- Theories](#)

Flashcards:

<http://www.quizover.com/flashcards/question-a-client-says-i-lost-mu-job-and-it-s-the-most-anh-dao-nce-the?pdf=1505>

Interactive Question:

<http://www.quizover.com/question/question-a-client-says-i-lost-mu-job-and-it-s-the-most-anh-dao-nce-the?pdf=1505>

4.1.146. Bibliotherapy is a form of

Author: Anh Dao

Bibliotherapy is a form of

Please choose only one answer:

- psychodynamic intervention
- homework
- displacement
- musturbation

Check the answer of this question online at QuizOver.com:

Question: [Bibliotherapy is a form Anh Dao NCE- Theories in Counseling Helping](#)

Flashcards:

<http://www.quizover.com/flashcards/question-bibliotherapy-is-a-form-anh-dao-nce-theories-in-counseling-he?pdf=1505>

Interactive Question:

<http://www.quizover.com/question/question-bibliotherapy-is-a-form-anh-dao-nce-theories-in-counseling-he?pdf=1505>

4.1.147. Ellis feels that _____ is at the core of emotional distur...

Author: Anh Dao

Ellis feels that _____ is at the core of emotional disturbance.

Please choose only one answer:

- a trauma before age 5
- a current traumatic activating event
- irrational thinking at point B
- repression of key feelings

Check the answer of this question online at QuizOver.com:

Question: [Ellis feels that is at the core of emotional Anh Dao NCE- Theories](#)

Flashcards:

<http://www.quizover.com/flashcards/question-ellis-feels-that-is-at-the-core-of-emotional-anh-dao-nce-theo?pdf=1505>

Interactive Question:

<http://www.quizover.com/question/question-ellis-feels-that-is-at-the-core-of-emotional-anh-dao-nce-theo?pdf=1505>

4.1.148. Therapeutic cognitive restructuring really refers to

Author: Anh Dao

Therapeutic cognitive restructuring really refers to

Please choose only one answer:

- refuting irrational ideas and replacing them with rational ones
- keeping a journal of irrational thoughts
- allowing the client to purge feelings
- uncovering relevant unconscious material

Check the answer of this question online at QuizOver.com:

Question: [Therapeutic cognitive restructuring really refers Anh NCE- Theories](#)

Flashcards:

<http://www.quizover.com/flashcards/question-therapeutic-cognitive-restructuring-really-refers-anh-nce-the?pdf=1505>

Interactive Question:

<http://www.quizover.com/question/question-therapeutic-cognitive-restructuring-really-refers-anh-nce-the?pdf=1505>

4.1.149. Ellis most likely would not be impressed with a behaviorists new an...

Author: Anh Dao

Ellis most likely would not be impressed with a behaviorists new animal study related to psychotherapeutic process since

Please choose only one answer:

- he does not believe in the scientific method
- the study would not take transference into account
- Ellis thoroughly dislikes hypothesis testing
- only man thinks in declarations (internal sentences that can cause or ward off emotional discord).

Check the answer of this question online at QuizOver.com:

Question: [Ellis most likely would not be impressed with a Anh Dao NCE-](#)

Flashcards:

<http://www.quizover.com/flashcards/question-ellis-most-likely-would-not-be-impressed-with-a-anh-dao-nce?pdf=1505>

Interactive Question:

<http://www.quizover.com/question/question-ellis-most-likely-would-not-be-impressed-with-a-anh-dao-nce?pdf=1505>

4.1.150. Internal verbalization are to REBT as _____ are to Glasse...

Author: Anh Dao

Internal verbalization are to REBT as _____ are to Glasser's Choice Therapy

Please choose only one answer:

- contracting
- pictures in your mind
- lack of punishment
- a therapeutic plan

Check the answer of this question online at QuizOver.com:

Question: [Internal verbalization are to REBT as are to Anh Dao NCE- Theories](#)

Flashcards:

<http://www.quizover.com/flashcards/question-internal-verbalization-are-to-rebt-as-are-to-anh-dao-nce-theo?pdf=1505>

Interactive Question:

<http://www.quizover.com/question/question-internal-verbalization-are-to-rebt-as-are-to-anh-dao-nce-theo?pdf=1505>

4.1.151. Albert Ellis is to REBT as Maxie C. Maultsby, Jr., is to

Author: Anh Dao

Albert Ellis is to REBT as Maxie C. Maultsby, Jr., is to

Please choose only one answer:

- RBT
- AT
- TA
- S-R Research

Check the answer of this question online at QuizOver.com:

Question: [Albert Ellis is to REBT as Maxie C. Maultsby Jr Anh Dao NCE-](#)

Flashcards:

<http://www.quizover.com/flashcards/question-albert-ellis-is-to-rebt-as-maxie-c-maultsby-jr-anh-dao-nce?pdf=1505>

Interactive Question:

<http://www.quizover.com/question/question-albert-ellis-is-to-rebt-as-maxie-c-maultsby-jr-anh-dao-nce?pdf=1505>

4.1.152. Aaron T. Beck, an ex-psychoanalytic therapist who created the Beck ...

Author: Anh Dao

Aaron T. Beck, an ex-psychoanalytic therapist who created the Beck Depression Inventory (BDI), developed an approach known as cognitive therapy. Although cognitive therapy is similar to REBT, Beck insisted that

Please choose only one answer:

- dysfunctional ideas are too absolute and broad though not necessarily irrational
- the Oedipus complex is central to the treatment process
- cognitive therapy is contraindicated in cases of phobia
- cognitive therapy is contraindicated in cases of anxiety

Check the answer of this question online at [QuizOver.com](http://www.quizover.com):

Question: [Aaron T. Beck an ex-psychoanalytic therapist who Anh Dao NCE- Quest](#)

Flashcards:

<http://www.quizover.com/flashcards/question-aaron-t-beck-an-ex-psychoanalytic-therapist-who-anh-dao-nce-q?pdf=1505>

Interactive Question:

<http://www.quizover.com/question/question-aaron-t-beck-an-ex-psychoanalytic-therapist-who-anh-dao-nce-q?pdf=1505>

4.1.153. The cognitive therapist most closely associated with the concept of...

Author: Anh Dao

The cognitive therapist most closely associated with the concept of stress inoculation is

Please choose only one answer:

- Albert Ellis
- Donald Meichenbaum
- Maxie C. Maultsby, Jr
- Aaron T. Beck

Check the answer of this question online at QuizOver.com:

Question: [The cognitive therapist most closely associated Anh Dao NCE-](#)

Flashcards:

<http://www.quizover.com/flashcards/question-the-cognitive-therapist-most-closely-associated-anh-dao-nce?pdf=1505>

Interactive Question:

<http://www.quizover.com/question/question-the-cognitive-therapist-most-closely-associated-anh-dao-nce?pdf=1505>

4.1.154. Eric Bern created transactional analysis (TA). The model was popul...

Author: Anh Dao

Eric Bern created transactional analysis (TA). The model was popularized via his books *Games People Play* and *What do you Say After Hello?* Ta therapists are most likely to incorporate _____ in the treatment process

Please choose only one answer:

- Meichembaum's self instructional therapy
- reality therapy
- gestalt therapy
- vegotherapy

Check the answer of this question online at [QuizOver.com](http://www.quizover.com):

Question: [Eric Bern created transactional analysis TA . Anh Dao NCE- Theories](#)

Flashcards:

<http://www.quizover.com/flashcards/question-eric-bern-created-transactional-analysis-ta-anh-dao-nce-theor?pdf=1505>

Interactive Question:

<http://www.quizover.com/question/question-eric-bern-created-transactional-analysis-ta-anh-dao-nce-theor?pdf=1505>

4.1.155. Berne suggested three ego states: The Parent, The Adult, and the C...

Author: Anh Dao

Berne suggested three ego states: The Parent, The Adult, and the Child (PAC). The Parent ego state is composed of value internalized from significant others in childhood. TA therapists speak of two functions in the Parent ego state, the _____.

Please choose only one answer:

- Nurturing Parent and the Critical Parent
- Critical Parent and the Repressed Parent
- Reactive Parent and the Active Parent
- Passive Parent and the Active Parent

Check the answer of this question online at QuizOver.com:

Question: [Berne suggested three ego states: The Parent The Anh Dao NCE- Quest](#)

Flashcards:

<http://www.quizover.com/flashcards/question-berne-suggested-three-ego-states-the-parent-the-anh-dao-nce-q?pdf=1505>

Interactive Question:

<http://www.quizover.com/question/question-berne-suggested-three-ego-states-the-parent-the-anh-dao-nce-q?pdf=1505>

4.1.156. The adult ego

Author: Anh Dao

The adult ego

Please choose only one answer:

- contains the "shoulds" and "oughts"
- is the seat of feelings
- is like Freud's superego
- processes facts and does not focus on feelings

Check the answer of this question online at QuizOver.com:

Question: [The adult ego Anh Dao NCE- Theories in Counseling Helping Relationship](#)

Flashcards:

<http://www.quizover.com/flashcards/question-the-adult-ego-anh-dao-nce-theories-in-counseling-helping-rela?pdf=1505>

Interactive Question:

<http://www.quizover.com/question/question-the-adult-ego-anh-dao-nce-theories-in-counseling-helping-rela?pdf=1505>

4.1.157. The Child ego state is like the little kid within. The child may m...

Author: Anh Dao

The Child ego state is like the little kid within. The child may manifest itself as

Please choose only one answer:

- The Natural Child
- the Adapted Child
- the Little Professor
- all of the above

Check the answer of this question online at QuizOver.com:

Question: [The Child ego state is like the little kid within Anh NCE- Theories](#)

Flashcards:

<http://www.quizover.com/flashcards/question-the-child-ego-state-is-like-the-little-kid-within-anh-nce-the?pdf=1505>

Interactive Question:

<http://www.quizover.com/question/question-the-child-ego-state-is-like-the-little-kid-within-anh-nce-the?pdf=1505>

4.1.158. TA is a cognitive model of therapy which asserts that healthy commu...

Author: Anh Dao

TA is a cognitive model of therapy which asserts that healthy communication transactions

Please choose only one answer:

- occur where vectors of communication run parallel
- are known as crossed transactions
- are always between the Child and Adult ego states
- are always empathetic

Check the answer of this question online at QuizOver.com:

Question: [TA is a cognitive model of therapy which asserts Anh Dao NCE- Quest](#)

Flashcards:

<http://www.quizover.com/flashcards/question-ta-is-a-cognitive-model-of-therapy-which-asserts-anh-dao-nce-?pdf=1505>

Interactive Question:

<http://www.quizover.com/question/question-ta-is-a-cognitive-model-of-therapy-which-asserts-anh-dao-nce-?pdf=1505>

4.1.159. TA life positions were made famous by Tom Harris's book , I'm OK-You're OK...

Author: Anh Dao

TA life positions were made famous by Tom Harris's book , I'm OK-You're OK. The title of the book illuminates a healthy life position. The life position tells the counselor how a person goes about receiving strokes or recognition. A person categorized by the position "I'm OK- You're OK";

Please choose only one answer:

- is generally self-abusive
- blames others for misery
- generally engages in self mutilation
- is generally suicidal

Check the answer of this question online at QuizOver.com:

Question: [TA life positions were made famous by Tom Harris Anh Dao NCE- Quest](#)

Flashcards:

<http://www.quizover.com/flashcards/question-ta-life-positions-were-made-famous-by-tom-harris-anh-dao-nce-?pdf=1505>

Interactive Question:

<http://www.quizover.com/question/question-ta-life-positions-were-made-famous-by-tom-harris-anh-dao-nce-?pdf=1505>

4.1.160. A man yells at his wife and then slaps her, stating that she does n...

Author: Anh Dao

A man yells at his wife and then slaps her, stating that she does nothing around the house. The woman begins crying and he puts his arm around her to comfort her. He then begins crying and says that he doesn't know he can continue doing all the housework because it is too difficult. A TA therapists who analyzes the situation using Karpman's triangle would say

Please choose only one answer:

- the man is stuck in the "I'm Not OK-- You're Not OK" life position
- the Critical Parent is dominating
- the man is obviously an adult of an alcoholic
- the man has moved from the persecutor, to the rescuer, to the victim role

Check the answer of this question online at QuizOver.com:

Question: [A man yells at his wife and then slaps her stating Anh NCE- Theories](#)

Flashcards:

<http://www.quizover.com/flashcards/question-a-man-yells-at-his-wife-and-then-slaps-her-stating-anh-nce-th?pdf=1505>

Interactive Question:

<http://www.quizover.com/question/question-a-man-yells-at-his-wife-and-then-slaps-her-stating-anh-nce-th?pdf=1505>

4.1.161. A TA counselor and a strict behaviorist are both in the same case c...

Author: Anh Dao

A TA counselor and a strict behaviorist are both in the same case conference to staff a client. Which technique would the two most likely agree on when formulating a plan of action

Please choose only one answer:

- the empty chair technique
- an ego state analysis
- contracting
- formal assertiveness training

Check the answer of this question online at QuizOver.com:

Question: [A TA counselor and a strict behaviorist are both Anh Dao NCE- Quest](#)

Flashcards:

<http://www.quizover.com/flashcards/question-a-ta-counselor-and-a-strict-behaviorist-are-both-anh-dao-nce-?pdf=1505>

Interactive Question:

<http://www.quizover.com/question/question-a-ta-counselor-and-a-strict-behaviorist-are-both-anh-dao-nce-?pdf=1505>

4.1.162. A game is composed of transactions which en in a bad feeling for at...

Author: Anh Dao

A game is composed of transactions which en in a bad feeling for at least one player. Games are said to prevent true intimacy. Which other statement is true games?

Please choose only one answer:

- In a first-degree game someone gets seriously hurt
- In a first-degree game the harm is minimal, but the level of harm is quite serious in a third-degree game
- For a game to occur, three people must be involved
- Games always involve parallel vectors of communication

Check the answer of this question online at QuizOver.com:

Question: [A game is composed of transactions which en in Anh Dao NCE- Theories](#)

Flashcards:

<http://www.quizover.com/flashcards/question-a-game-is-composed-of-transactions-which-en-in-anh-dao-nce-th?pdf=1505>

Interactive Question:

<http://www.quizover.com/question/question-a-game-is-composed-of-transactions-which-en-in-anh-dao-nce-th?pdf=1505>

4.1.163. Unpleasant feelings after a person creates a game are called

Author: Anh Dao

Unpleasant feelings after a person creates a game are called

Please choose only one answer:

- rackets
- life scripts
- the little professor
- an analysis of variance

Check the answer of this question online at QuizOver.com:

Question: [Unpleasant feelings after a person creates a game Anh NCE- Theories](#)

Flashcards:

<http://www.quizover.com/flashcards/question-unpleasant-feelings-after-a-person-creates-a-game-anh-nce-the?pdf=1505>

Interactive Question:

<http://www.quizover.com/question/question-unpleasant-feelings-after-a-person-creates-a-game-anh-nce-the?pdf=1505>

4.1.164. A life script is actually

Author: Anh Dao

A life script is actually

Please choose only one answer:

- an ulterior transaction
- an ego state
- a life drama or plot
- a series of parallel transactions

Check the answer of this question online at QuizOver.com:

Question: [A life script is actually Anh Dao NCE- Theories in Counseling Quest](#)

Flashcards:

<http://www.quizover.com/flashcards/question-a-life-script-is-actually-anh-dao-nce-theories-in-counseling-?pdf=1505>

Interactive Question:

<http://www.quizover.com/question/question-a-life-script-is-actually-anh-dao-nce-theories-in-counseling-?pdf=1505>

4.1.165. Eric Berne is to TA as Fritz Perls is to

Author: Anh Dao

Eric Berne is to TA as Fritz Perls is to

Please choose only one answer:

- the empty chair technique
- Gestalt therapy
- the underdog
- the top dog

Check the answer of this question online at QuizOver.com:

Question: [Eric Berne is to TA as Fritz Perls is to Anh Dao NCE- Theories in](#)

Flashcards:

<http://www.quizover.com/flashcards/question-eric-berne-is-to-ta-as-fritz-perls-is-to-anh-dao-nce-theories?pdf=1505>

Interactive Question:

<http://www.quizover.com/question/question-eric-berne-is-to-ta-as-fritz-perls-is-to-anh-dao-nce-theories?pdf=1505>

4.1.166. Empathy and counselor effectiveness scales reflects the work of

Author: Anh Dao

Empathy and counselor effectiveness scales reflects the work of

Please choose only one answer:

- Perls and Berne
- Ellis and Harper
- Frankl and May
- Carkhuff and Gazda

Check the answer of this question online at QuizOver.com:

Question: [Empathy and counselor effectiveness scales reflects Anh NCE-](#)

Flashcards:

<http://www.quizover.com/flashcards/question-empathy-and-counselor-effectiveness-scales-reflects-anh-nce?pdf=1505>

Interactive Question:

<http://www.quizover.com/question/question-empathy-and-counselor-effectiveness-scales-reflects-anh-nce?pdf=1505>

4.1.167. The acronym NLP is an abbreviation of

Author: Anh Dao

The acronym NLP is an abbreviation of

Please choose only one answer:

- Bandler and Grinder's neurolinguistic programming
- New language programs for computer therapy
- New language psychotherapy software
- neurological psychotherapy

Check the answer of this question online at QuizOver.com:

Question: [The acronym NLP is an abbreviat Anh Dao NCE- Theories in Counseling](#)

Flashcards:

<http://www.quizover.com/flashcards/question-the-acronym-nlp-is-an-abbreviat-anh-dao-nce-theories-in-couns?pdf=1505>

Interactive Question:

<http://www.quizover.com/question/question-the-acronym-nlp-is-an-abbreviat-anh-dao-nce-theories-in-couns?pdf=1505>

4.1.168. A gestalt therapist is most likely going to deal with client's proj...

Author: Anh Dao

A gestalt therapist is most likely going to deal with client's projection via

Please choose only one answer:

- playing the projection technique
- the empty chair technique
- converting questions to statements
- a behavioral contract

Check the answer of this question online at QuizOver.com:

Question: [A gestalt therapist is most likely going to deal Anh Dao NCE- Quest](#)

Flashcards:

<http://www.quizover.com/flashcards/question-a-gestalt-therapist-is-most-likely-going-to-deal-anh-dao-nce-?pdf=1505>

Interactive Question:

<http://www.quizover.com/question/question-a-gestalt-therapist-is-most-likely-going-to-deal-anh-dao-nce-?pdf=1505>

4.1.169. A client says she has a tingling sensation in her hands each time s...

Author: Anh Dao

A client says she has a tingling sensation in her hands each time she talks about the probability of marriage. A gestalt therapist would most likely

Please choose only one answer:

- ask the client to recount a dream
- urge the client to engage in thought stopping
- prescribe relaxation homework
- urge the client to stay with the feeling

Check the answer of this question online at QuizOver.com:

Question: [A client says she has a tingling sensation in Anh Dao NCE- Theories](#)

Flashcards:

<http://www.quizover.com/flashcards/question-a-client-says-she-has-a-tingling-sensation-in-anh-dao-nce-the?pdf=1505>

Interactive Question:

<http://www.quizover.com/question/question-a-client-says-she-has-a-tingling-sensation-in-anh-dao-nce-the?pdf=1505>

4.1.170. Gestalt therapists sometimes utilize the exaggeration experiment wh...

Author: Anh Dao

Gestalt therapists sometimes utilize the exaggeration experiment which most closely resembles

Please choose only one answer:

- successive approximation
- paradox as practiced by Frankl, Haley, and Erikson
- free association
- paraphrasing with emotional reflection

Check the answer of this question online at QuizOver.com:

Question: [Gestalt therapists sometimes utilize the exaggeration Anh NCE- Quest](#)

Flashcards:

<http://www.quizover.com/flashcards/question-gestalt-therapists-sometimes-utilize-the-exaggeration-anh-nce?pdf=1505>

Interactive Question:

<http://www.quizover.com/question/question-gestalt-therapists-sometimes-utilize-the-exaggeration-anh-nce?pdf=1505>

4.1.171. A client who is undergoing gestalt therapy states, "It is difficult..."

Author: Anh Dao

A client who is undergoing gestalt therapy states, "It is difficult to get a job in NYC,' would be asked by the counselor to

Please choose only one answer:

- go on the O*NET website ([***onlineonetcenter.org](http://www.onlineonetcenter.org)) which is the replacement for the DOT and is now the nation's primary source of occupational information
- change the verbalization to an "I" statement
- read the OOH
- take the Strong Interest Inventory (SII)

Check the answer of this question online at QuizOver.com:

Question: [A client who is undergoing gestalt therapy states Anh NCE- Theories](#)

Flashcards:

<http://www.quizover.com/flashcards/question-a-client-who-is-undergoing-gestalt-therapy-states-anh-nce-the?pdf=1505>

Interactive Question:

<http://www.quizover.com/question/question-a-client-who-is-undergoing-gestalt-therapy-states-anh-nce-the?pdf=1505>

4.1.172. Gestalt Therapy, a paradigm that focuses on awareness in the Here-a...

Author: Anh Dao

Gestalt Therapy, a paradigm that focuses on awareness in the Here-and-Now incorporates

Please choose only one answer:

- psychodrama
- Aaron Beck's Cognitive Therapy, which asserts that maladaptive thinking creates emotional disturbance and thus clients should record dysfunctional thoughts
- Conditioned Reflex Therapy
- Client-Centered Therapy

Check the answer of this question online at QuizOver.com:

Question: [Gestalt Therapy a paradigm that focuses on Anh Dao NCE- Theories](#)

Flashcards:

<http://www.quizover.com/flashcards/question-gestalt-therapy-a-paradigm-that-focuses-on-anh-dao-nce-theori?pdf=1505>

Interactive Question:

<http://www.quizover.com/question/question-gestalt-therapy-a-paradigm-that-focuses-on-anh-dao-nce-theori?pdf=1505>

4.1.173. According to gestalt therapists, a client who is angry at his wife ...

Author: Anh Dao

According to gestalt therapists, a client who is angry at his wife for leaving him, and who makes a suicide attempt would be engaging in

Please choose only one answer:

- sublimation
- a panic reaction
- retroflection
- repression

Check the answer of this question online at QuizOver.com:

Question: [According to gestalt therapists a client who is Anh Dao NCE-](#)

Flashcards:

<http://www.quizover.com/flashcards/question-according-to-gestalt-therapists-a-client-who-is-anh-dao-nce?pdf=1505>

Interactive Question:

<http://www.quizover.com/question/question-according-to-gestalt-therapists-a-client-who-is-anh-dao-nce?pdf=1505>

4.1.174. Gestalt means

Author: Anh Dao

Gestalt means

Please choose only one answer:

- a group
- a form, figure, or configuration unified as a whole
- a dyad
- visual acuity

Check the answer of this question online at QuizOver.com:

Question: [Gestalt means Anh Dao NCE- Theories in Counseling Helping Relationship](#)

Flashcards:

<http://www.quizover.com/flashcards/question-gestalt-means-anh-dao-nce-theories-in-counseling-helping-rela?pdf=1505>

Interactive Question:

<http://www.quizover.com/question/question-gestalt-means-anh-dao-nce-theories-in-counseling-helping-rela?pdf=1505>

4.1.175. Perls suggested _____ which must be peeled away to reach emot...

Author: Anh Dao

Perls suggested _____ which must be peeled away to reach emotional stability

Please choose only one answer:

- four layers of neurosis
- three layers of neurosis
- two layers of neurosis
- five layers of neurosis

Check the answer of this question online at QuizOver.com:

Question: [Perls suggested which must be peeled away to Anh Dao NCE- Theories](#)

Flashcards:

<http://www.quizover.com/flashcards/question-perls-suggested-which-must-be-peeled-away-to-anh-dao-nce-theo?pdf=1505>

Interactive Question:

<http://www.quizover.com/question/question-perls-suggested-which-must-be-peeled-away-to-anh-dao-nce-theo?pdf=1505>

4.1.176. In Gestalt therapy unexpressed emotions are known as

Author: Anh Dao

In Gestalt therapy unexpressed emotions are known as

Please choose only one answer:

- unfinished business
- the emerging gestalt
- form/figure language
- the top dog

Check the answer of this question online at QuizOver.com:

Question: [In Gestalt therapy unexpressed emotions are known Anh NCE- Theories](#)

Flashcards:

<http://www.quizover.com/flashcards/question-in-gestalt-therapy-unexpressed-emotions-are-known-anh-nce-the?pdf=1505>

Interactive Question:

<http://www.quizover.com/question/question-in-gestalt-therapy-unexpressed-emotions-are-known-anh-nce-the?pdf=1505>

4.1.177. Gestalt therapy emphasizes

Author: Anh Dao

Gestalt therapy emphasizes

Please choose only one answer:

- cognitive-behavioral issues
- transference issues
- traumatic childhood memories
- awareness in the here and now and dream work

Check the answer of this question online at QuizOver.com:

Question: [Gestalt therapy emphasizes Anh Dao NCE- Theories in Counseling Quest](#)

Flashcards:

<http://www.quizover.com/flashcards/question-gestalt-therapy-emphasizes-anh-dao-nce-theories-in-counseling?pdf=1505>

Interactive Question:

<http://www.quizover.com/question/question-gestalt-therapy-emphasizes-anh-dao-nce-theories-in-counseling?pdf=1505>

4.1.178. The Gestalt dialogue experiment generally utilizes the concepts of

Author: Anh Dao

The Gestalt dialogue experiment generally utilizes the concepts of

Please choose only one answer:

- behavioral self-control
- choice theory
- top dog, underdog, and the empty chair technique
- the rehearsal experiment

Check the answer of this question online at QuizOver.com:

Question: [The Gestalt dialogue experiment generally utilizes Anh NCE- Theories](#)

Flashcards:

<http://www.quizover.com/flashcards/question-the-gestalt-dialogue-experiment-generally-utilizes-anh-nce-th?pdf=1505>

Interactive Question:

<http://www.quizover.com/question/question-the-gestalt-dialogue-experiment-generally-utilizes-anh-nce-th?pdf=1505>

4.1.179. Critics assert gestalt therapy is an affective treatment that

Author: Anh Dao

Critics assert gestalt therapy is an affective treatment that

Please choose only one answer:

- often fails to emphasize the importance of dreams
- ignores nonverbal behavior
- often fails to emphasize cognitive concerns
- uses the making the rounds technique that is not appropriate for group work

Check the answer of this question online at QuizOver.com:

Question: [Critics assert gestalt therapy is an affective Anh Dao NCE- Theories](#)

Flashcards:

<http://www.quizover.com/flashcards/question-critics-assert-gestalt-therapy-is-an-affective-anh-dao-nce-th?pdf=1505>

Interactive Question:

<http://www.quizover.com/question/question-critics-assert-gestalt-therapy-is-an-affective-anh-dao-nce-th?pdf=1505>

4.1.180. Most experts would agree that the peak of competition between the v...

Author: Anh Dao

Most experts would agree that the peak of competition between the various schools of counseling and therapy (e.g. gestalt, behavioristic, reality therapy, etc.) was during

Please choose only one answer:

- the late 1970s
- the late 1960s
- the 1980s
- the mid 1950s

Check the answer of this question online at QuizOver.com:

Question: [Most experts would agree that the peak of Anh Dao NCE- Theories](#)

Flashcards:

<http://www.quizover.com/flashcards/question-most-experts-would-agree-that-the-peak-of-anh-dao-nce-theorie?pdf=1505>

Interactive Question:

<http://www.quizover.com/question/question-most-experts-would-agree-that-the-peak-of-anh-dao-nce-theorie?pdf=1505>

4.1.181. The relationship a client with a gestalt therapist would most likel...

Author: Anh Dao

The relationship a client with a gestalt therapist would most likely progress _____ than the relationship a client would have with a Rogerian counselor

Please choose only one answer:

- faster
- slower
- at the same pace
- a and b

Check the answer of this question online at QuizOver.com:

Question: [The relationship a client with a gestalt therapist Anh NCE- Theories](#)

Flashcards:

<http://www.quizover.com/flashcards/question-the-relationship-a-client-with-a-gestalt-therapist-anh-nce-th?pdf=1505>

Interactive Question:

<http://www.quizover.com/question/question-the-relationship-a-client-with-a-gestalt-therapist-anh-nce-th?pdf=1505>

4.1.182. The school of counseling created by Carl R. Rogers, Ph.D., has unde...

Author: Anh Dao

The school of counseling created by Carl R. Rogers, Ph.D., has undergone three name changes. Initially it was called _____ then _____, and in 1974 it changed to _____.

Please choose only one answer:

- nondirective counseling; client-centered therapy; the person centered approach
- directive ; nondirective ; client centered
- person centered ; Rogerian, nondirectived
- client-centered; person centered; non directive

Check the answer of this question online at QuizOver.com:

Question: [The school of counseling created by Carl R. Rogers Anh NCE- Theories](#)

Flashcards:

<http://www.quizover.com/flashcards/question-the-school-of-counseling-created-by-carl-r-rogers-anh-nce-the?pdf=1505>

Interactive Question:

<http://www.quizover.com/question/question-the-school-of-counseling-created-by-carl-r-rogers-anh-nce-the?pdf=1505>

4.1.183. Rogers' approach is characterized as a _____ approach

Author: Anh Dao

Rogers' approach is characterized as a _____ approach

Please choose only one answer:

- existential or humanistic
- cognitive
- cognitive behavioral
- neodynamic

Check the answer of this question online at QuizOver.com:

Question: [Rogers' approach is characterized as a approach Anh Dao NCE-](#)

Flashcards:

<http://www.quizover.com/flashcards/question-rogers-approach-is-characterized-as-a-approach-anh-dao-nce?pdf=1505>

Interactive Question:

<http://www.quizover.com/question/question-rogers-approach-is-characterized-as-a-approach-anh-dao-nce?pdf=1505>

4.1.184. Which statement is true of a person-centered approach

Author: Anh Dao

Which statement is true of a person-centered approach

Please choose only one answer:

- Reflection is used a lot yet the counselor rarely gives advice
- Advice is given a lot
- Reflection is rarely utilized
- Closed-ended questions keep the sessions moving at fast pace

Check the answer of this question online at QuizOver.com:

Question: [Which statement is true of a person-centered Anh Dao NCE- Theories](#)

Flashcards:

<http://www.quizover.com/flashcards/question-which-statement-is-true-of-a-person-centered-anh-dao-nce-theo?pdf=1505>

Interactive Question:

<http://www.quizover.com/question/question-which-statement-is-true-of-a-person-centered-anh-dao-nce-theo?pdf=1505>

4.1.185. In the person-centered approach, an effective counselor must possess

Author: Anh Dao

In the person-centered approach, an effective counselor must possess

Please choose only one answer:

- the skill to be confrontational
- the ability to give advice
- the ability to do formal psychological testing
- empathy, congruence, genuineness, and demonstrates unconditional positive regard to create a desirable "I-Though relationship."

Check the answer of this question online at QuizOver.com:

Question: [In the person-centered approach an effective Anh Dao NCE- Theories](#)

Flashcards:

<http://www.quizover.com/flashcards/question-in-the-person-centered-approach-an-effective-anh-dao-nce-theo?pdf=1505>

Interactive Question:

<http://www.quizover.com/question/question-in-the-person-centered-approach-an-effective-anh-dao-nce-theo?pdf=1505>

4.1.186. Rogers viewed man as

Author: Anh Dao

Rogers viewed man as

Please choose only one answer:

- basically evil
- driven by instincts
- a product of reinforcement
- positive when he develops in a warm accepting trusting environment

Check the answer of this question online at QuizOver.com:

Question: [Rogers viewed man as Anh Dao NCE- Theories in Counseling Helping](#)

Flashcards:

<http://www.quizover.com/flashcards/question-rogers-viewed-man-as-anh-dao-nce-theories-in-counseling-helpi?pdf=1505>

Interactive Question:

<http://www.quizover.com/question/question-rogers-viewed-man-as-anh-dao-nce-theories-in-counseling-helpi?pdf=1505>

4.1.187. A person-centered therapist would

Author: Anh Dao

A person-centered therapist would

Please choose only one answer:

- treat neurotics differently from psychotics
- treat all diagnostic categories of the DSM using the same principles
- use more closed-ended questions with adjustment reactions
- use contracting with clients who are not making progress

Check the answer of this question online at QuizOver.com:

Question: [A person-centered therapist would Anh Dao NCE- Theories in Counseling](#)

Flashcards:

<http://www.quizover.com/flashcards/question-a-person-centered-therapist-would-anh-dao-nce-theories-in-cou?pdf=1505>

Interactive Question:

<http://www.quizover.com/question/question-a-person-centered-therapist-would-anh-dao-nce-theories-in-cou?pdf=1505>

4.1.188. Rogers emphasized congruence in the counselor. Congruence occurs when

Author: Anh Dao

Rogers emphasized congruence in the counselor. Congruence occurs when

Please choose only one answer:

- external behavior matches an internal response or state
- the counselor uses silence
- the counselor reflects emotion
- the counselor summarizes at the end of the session

Check the answer of this question online at QuizOver.com:

Question: [Rogers emphasized congruence in the counselor. Anh Dao NCE- Theories](#)

Flashcards:

<http://www.quizover.com/flashcards/question-rogers-emphasized-congruence-in-the-counselor-anh-dao-nce-the?pdf=1505>

Interactive Question:

<http://www.quizover.com/question/question-rogers-emphasized-congruence-in-the-counselor-anh-dao-nce-the?pdf=1505>

4.1.189. Rogers felt that _____ for the client change to occur

Author: Anh Dao

Rogers felt that _____ for the client change to occur

Please choose only one answer:

- conditions must be in accordance with the problem
- three conditions are necessary
- nine conditions are necessary
- two conditions are necessary

Check the answer of this question online at QuizOver.com:

Question: [Rogers felt that for the client change to occur Anh Dao NCE-](#)

Flashcards:

<http://www.quizover.com/flashcards/question-rogers-felt-that-for-the-client-change-to-occur-anh-dao-nce?pdf=1505>

Interactive Question:

<http://www.quizover.com/question/question-rogers-felt-that-for-the-client-change-to-occur-anh-dao-nce?pdf=1505>

4.1.190. Person-centered counseling would prove least effective with

Author: Anh Dao

Person-centered counseling would prove least effective with

Please choose only one answer:

- a bright verbal male
- a bright verbal female
- a graduate student who had a knowledge of phrenology
- a client who is not very verbal

Check the answer of this question online at QuizOver.com:

Question: [Person-centered counseling would prove least Anh Dao NCE- Theories](#)

Flashcards:

<http://www.quizover.com/flashcards/question-person-centered-counseling-would-prove-least-anh-dao-nce-theo?pdf=1505>

Interactive Question:

<http://www.quizover.com/question/question-person-centered-counseling-would-prove-least-anh-dao-nce-theo?pdf=1505>

4.1.191. Critics of the Rogerian approach feel that

Author: Anh Dao

Critics of the Rogerian approach feel that

Please choose only one answer:

- it does not emphasize relationship concerns
- some degree of directiveness is needed after the initial phasing of counseling
- more confrontation is necessary, though Rogers did encourage caring confrontations
- b and c

Check the answer of this question online at QuizOver.com:

Question: [Critics of the Rogerian approach feel that Anh Dao NCE- Theories](#)

Flashcards:

<http://www.quizover.com/flashcards/question-critics-of-the-rogerian-approach-feel-that-anh-dao-nce-theori?pdf=1505>

Interactive Question:

<http://www.quizover.com/question/question-critics-of-the-rogerian-approach-feel-that-anh-dao-nce-theori?pdf=1505>

4.1.192. Counselors who work as consultants

Author: Anh Dao

Counselors who work as consultants

Please choose only one answer:

- generally adhere to reality therapy
- generally adhere to one single theory
- generally to consultation theory
- generally do not adhere to one single theory

Check the answer of this question online at QuizOver.com:

Question: [Counselors who work as consultants Anh Dao NCE- Theories in](#)

Flashcards:

<http://www.quizover.com/flashcards/question-counselors-who-work-as-consultants-anh-dao-nce-theories-in?pdf=1505>

Interactive Question:

<http://www.quizover.com/question/question-counselors-who-work-as-consultants-anh-dao-nce-theories-in?pdf=1505>

4.1.193. Counseling generally occurs in a clinical setting while consultatio...

Author: Anh Dao

Counseling generally occurs in a clinical setting while consultations generally occurs in a _____ setting

Please choose only one answer:

- group
- work/organizational
- continuing care
- residential

Check the answer of this question online at QuizOver.com:

Question: [Counseling generally occurs in a clinical setting Anh NCE- Theories](#)

Flashcards:

<http://www.quizover.com/flashcards/question-counseling-generally-occurs-in-a-clinical-setting-anh-nce-the?pdf=1505>

Interactive Question:

<http://www.quizover.com/question/question-counseling-generally-occurs-in-a-clinical-setting-anh-nce-the?pdf=1505>

4.1.194. Attending behavior that is verbal is also called

Author: Anh Dao

Attending behavior that is verbal is also called

Please choose only one answer:

- verbal tracking
- clarifying
- reflection
- paraphrasing

Check the answer of this question online at QuizOver.com:

Question: [Attending behavior that is verbal is also called Anh Dao NCE- Quest](#)

Flashcards:

<http://www.quizover.com/flashcards/question-attending-behavior-that-is-verbal-is-also-called-anh-dao-nce-?pdf=1505>

Interactive Question:

<http://www.quizover.com/question/question-attending-behavior-that-is-verbal-is-also-called-anh-dao-nce-?pdf=1505>

4.1.195. The counselor's social power is related to

Author: Anh Dao

The counselor's social power is related to

Please choose only one answer:

- age
- expertise, attractiveness, and trustworthiness
- sex and age
- degree of directiveness

Check the answer of this question online at QuizOver.com:

Question: [The counselor's social power is related to Anh Dao NCE- Theories](#)

Flashcards:

<http://www.quizover.com/flashcards/question-the-counselor-s-social-power-is-related-to-anh-dao-nce-theori?pdf=1505>

Interactive Question:

<http://www.quizover.com/question/question-the-counselor-s-social-power-is-related-to-anh-dao-nce-theori?pdf=1505>

4.1.196. Key areas that often cause problems for the counselor's self-image are

Author: Anh Dao

Key areas that often cause problems for the counselor's self-image are

Please choose only one answer:

- choice of modality and a learning disability
- age and the lack of a doctoral degree
- lack of NCC
- competence, power, and intimacy

Check the answer of this question online at QuizOver.com:

Question: [Key areas that often cause problems for the Anh Dao NCE- Theories](#)

Flashcards:

<http://www.quizover.com/flashcards/question-key-areas-that-often-cause-problems-for-the-anh-dao-nce-theor?pdf=1505>

Interactive Question:

<http://www.quizover.com/question/question-key-areas-that-often-cause-problems-for-the-anh-dao-nce-theor?pdf=1505>

4.1.197. A counselor who is genuine

Author: Anh Dao

A counselor who is genuine

Please choose only one answer:

- does not role-play someone he or she is not, so as to be accepted by the client
- does not change his or her true values from session to session
- is not empathetic
- a and b

Check the answer of this question online at QuizOver.com:

Question: [A counselor who is genuine Anh Dao NCE- Theories in Counseling Quest](#)

Flashcards:

<http://www.quizover.com/flashcards/question-a-counselor-who-is-genuine-anh-dao-nce-theories-in-counseling?pdf=1505>

Interactive Question:

<http://www.quizover.com/question/question-a-counselor-who-is-genuine-anh-dao-nce-theories-in-counseling?pdf=1505>

4.1.198. Allen E Ivey has postulated three types of empathy

Author: Anh Dao

Allen E Ivey has postulated three types of empathy

Please choose only one answer:

- positive, negative regard, and cognitive
- reflective, micro-empathy, and force choice
- basic , subtractive and additive
- micro-sympathy, basic, and level 8 sympathy

Check the answer of this question online at QuizOver.com:

Question: [Allen E Ivey has postulated three types of empathy Anh NCE- Theories](#)

Flashcards:

<http://www.quizover.com/flashcards/question-allen-e-ivey-has-postulated-three-types-of-empathy-anh-nce-th?pdf=1505>

Interactive Question:

<http://www.quizover.com/question/question-allen-e-ivey-has-postulated-three-types-of-empathy-anh-nce-th?pdf=1505>

4.1.199. _____ and _____ created a program to help counselors...

Author: Anh Dao

_____ and _____ created a program to help counselors learn accurate empathy

Please choose only one answer:

- Truax; Carkhuff
- Rogers; berenson
- Rogers; Brill
- Carkhuff; Satir

Check the answer of this question online at QuizOver.com:

Question: [and created a program to help counselors learn Anh Dao NCE- Theories](#)

Flashcards:

<http://www.quizover.com/flashcards/question-and-created-a-program-to-help-counselors-learn-anh-dao-nce-th?pdf=1505>

Interactive Question:

<http://www.quizover.com/question/question-and-created-a-program-to-help-counselors-learn-anh-dao-nce-th?pdf=1505>

4.1.200. The human relations core for effective counseling includes

Author: Anh Dao

The human relations core for effective counseling includes

Please choose only one answer:

- power, competence, and trustworthiness
- expertise, attractiveness, and trustworthiness
- empathy, positive regard (or respect), and genuineness
- self-image, self talk , and attending behavior

Check the answer of this question online at QuizOver.com:

Question: [The human relations core for effective counseling Anh NCE- Theories](#)

Flashcards:

<http://www.quizover.com/flashcards/question-the-human-relations-core-for-effective-counseling-anh-nce-the?pdf=1505>

Interactive Question:

<http://www.quizover.com/question/question-the-human-relations-core-for-effective-counseling-anh-nce-the?pdf=1505>